- Benches
- Cage Systems
- Home Gyms
- Cardio
- Weights
- Outdoor Play

Request Pricing

MARCY

Fitness First, Inc.

Providing Quality Fitness Equipment to the World

2013 International Catalog

MARCY

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Benches

Return to Main Menu

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD 2080	OPP Bench + 80 lb.	Marcy Diamond	8	3.85	130

Opening Price Point

MD 2080

Marcy Diamond Brand Bench

- Heavy duty 2”x2” square tubing fixed upright
- Front and rear stabilizers
- Comfortable high density seat and back pads
- 30” width crutch
- 80 lb. vinyl weight set included
- Fixed 4 roller pad dual action leg developer
- Durable powder coated finish
- Multi-position bench (incline, decline, flat,)
- **Full Color Litho Box**

(Crutches accept 5’ bar only)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
CB204	Bench + 100 lb. Weight Set	Competitor	8	4.04	163

Opening Price Point

CB204

Competitor Brand with “Old School” slogan

- Standard Bench with 100 lbs weight set
- Heavy duty 2" x 2" square tubing fixed uprights
- Front and rear stabilizers
- Fixed 4 roller pad dual action leg developer
- Comfortable high density seat and back pads
- Durable black powder coated finish
- Includes 100 lb. vinyl weight set
- No pinch uprights
- Full Color Litho Box

Competitor
model cb-204
CB-204 Standard Size Weight Bench
Set includes 100 lb. vinyl weight set, standard size bar and total leg developer
Competitor
model cb-204
CB-204 Standard Weight Bench
Competitor
Competitor
Set includes 100 lb. vinyl weight set and total leg developer
Competitor
CB-204 / Standard Weight Bench
CAUTION: DO NOT LIFT FROM STRAPS

(Crutches accept 5’ bar only)

Assembled Dimension
60" x 31" x 46

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
WM367	Bench + 100 lb. Weight Set (Academy)	Marcy	8	2.63	66

NEW!

Opening Price Point

MD2082

Marcy Brand

•Heavy duty 2”x2” square tubing fixed upright
- Front and rear stabilizers
- Comfortable high density seat and back pads
- 30” width crutch
- 100 lb. vinyl weight set included
- Fixed 4 roller pad dual action leg developer
- Durable powder coated finish
- Multi-position bench (incline, decline, flat,)

(Crutches accept 5’ bar only)

Temporary Photo

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MKB2081	Bench + 80 lb. Weight Set (Big 5)	Marcy Club	8	4.16	133

NEW!

Opening Price Point

MKB2081

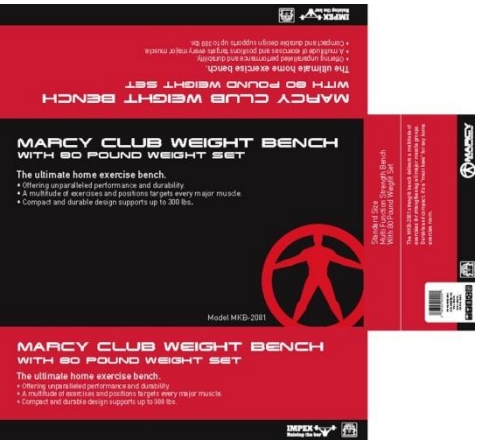
Marcy Club

Features:

- Adjustable preacher curl bicep pad
- Dual function leg developer with pivot point in proper alignment with knee joints
- Adjustable four position back pad
- Comfortable foam roller pads
- Accepts Standard size barbell and weight plates

Specs:

- Steel tubing – 1” x 2” and 2” x 2” 14 gauge square tubing
- Upholstery – Rolled construction with high density foam, and accentuated vinyl
- Finish – durable powder coat
- 80 lb vinyl weight set with spring retaining clips


MARCY CLUB WEIGHT BENCH
WITH 80 POUND WEIGHT SET
The ultimate home exercise bench.
• Offering unparalleled performance and durability.
• A multitude of exercises and positions targets every major muscle.
• Compact and durable design supports up to 300 lbs.
Model MKB-2081
MARCY CLUB WEIGHT BENCH
WITH 80 POUND WEIGHT SET
The ultimate home exercise bench.
• Offering unparalleled performance and durability.
• A multitude of exercises and positions targets every major muscle.
• Compact and durable design supports up to 300 lbs.

(Crutches accept 5’ bar only)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWB26780	Bench + 80 Weight Set (Sears/Kmart)	Marcy	8	3.89	136

NEW!

Opening Price Point

MWB26780

Marcy Brand

FEATURES:

- Sturdy frame construction with high density foam padding
- Dual function leg developer for targeting glutes, hamstring and quadricep muscles
- 4-position back pad adjusts to incline, flat, and decline bench press positions
- Adjustable preacher curl pad for isolating bicep muscles
- Vertical butterfly arms function independently for maximum chest development

WEIGHT SET INCLUDES:

One-piece standard size weight bar
2 x standard size spring retaining clips
2 x 25 lb. vinyl covered black plates
2 x 15 lb. vinyl covered black plates

Standard Size Weight Bench
MARCY STRENGTH BENCH
AND 80 LB. WEIGHT SET
The ultimate home exercise bench.
Standard Size Weight Bench
MARCY STRENGTH BENCH
AND 80 LB. WEIGHT SET

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWB214	CB-204 + Arm Curl pad + 100 lbs.	Marcy	8	5.02	160

Opening Price Point

MWB214

Marcy Brand

Standard Bench with 100 lbs weight set

- Heavy duty 2" x 2" square tubing fixed uprights
- Detachable Arm Curl pad, with storage sleeve
- Front and rear stabilizers
- Fixed 4 roller pad dual action leg developer
- Comfortable high density seat and back pads
- Durable powder coated finish
- Adjustable Seat Pad with safety catches
- Full Color Litho Box

(Crutches accept 5’ bar only)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWMB36780B	OPP Bench + 80 Lb Vinyl Weight Set	Marcy	8	4.91	144

Opening Price Point

MWB36780B

Marcy Brand

80 lb. Weight Set Included in box.

•2- 25 lb., 2-15 lb., standard Bar.

•Peck Fly chest developer

• Heavy duty rounded tubing

• Standard size uprights

• Fixed uprights with bar catch

• Weight storage posts on uprights

• Flat/Incline/Decline back pad positions

• Preacher pad with height adjustment

• 4 Roller pad dual action leg developer

• Front and rear stabilizers

• Comfortable high density seat and back pads

• Durable powder coated finish

•Full Color Litho Box

Standard Size Weight Bench
MARCY
STRENGTH BENCH
AND 80Lb. WEIGHT SET
The ultimate home exercise bench.
• Offering unparalleled performance and durability.
• A multitude of exercises and positions target every major muscle.
• Compact and durable design supports up to 300 lbs.

(Crutches accept 5’ bar only)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MCB252	Bench + 120 Weight Set (Dunham's)	Marcy Classic	8	5.28	186

NEW!

Opening Price Point

MCB252

Marcy Classic Brand
Standard Width Weight Bench with 120 Weight Set and Lat Tower

FEATURES:

- Sturdy frame construction with high density foam padding
- Lat tower attachment for upper body exercises
- Dual function leg developer for targeting glutes, hamstring and quadricep muscles
- 4-position back pad adjusts to incline, flat, and decline bench press positions
- Adjustable preacher curl pad for isolating bicep muscles

(Crutches accept 5’ bar only)

WEIGHT SET INCLUDES :
(Photo of Complete Weight Set Below)
One-piece standard size weight bar
2 standard size spring retaining clips
2 x 25 lb. weight plates
2 x 15 lb. weight plates
4 x 10 lb. weight plates

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWB 209	Standard Bench w/o Arm Curl	Marcy	8	2.99	49

Standard Bench

MWB209

- Heavy duty 2”x2” square tubing fixed upright
- Front and rear stabilizers
- Comfortable high density seat and back pads
- 30” width crutch
- Dual action leg developer with 4 fixed roller pads
- Durable powder coated finish
- Multi-position bench (incline, decline, flat,)

MARCY STRENGTH BENCH
• Offering unparalleled performance and durability.
• A multitude of exercises and positions target every major muscle.
• Compact and durable design supports up to 300 lbs.
BANC DE MUSCULATION MARCY
• Performance et durabilité inégalées.
• Permet de faire une multitude d'exercices visant tous les principaux groupes musculaires.
• Monture compacte et durable pouvant supporter jusqu'à 300 lb
Standard Size Weight Bench
Banc de Musculation Standard
MWB-209
MARCY STRENGTH BENCH
BANC DE MUSCULATION MARCY

(Crutches accept 5’ bar only)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
WM367	Standard Bench	Competitor	8	2.63	66

Standard Bench

WM367

Marcy brand

- Standard size uprights – (Weights not included)
- Heavy duty rounded tubing
- Fixed uprights with bar catch
- Weight storage posts on uprights
- Flat/Incline/Decline back pad positions
- Preacher pad with height adjustment
- Fixed 4 roller pad dual action leg developer
- Front and rear stabilizers
- Comfortable high density seat and back pads
- Durable powder coated finish
- Full Color Litho Box

(Crutches accept 5’ bar only)

Assembled Dimension

58" x 41" x 47"

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWB 479	Standard Bench	Marcy	8	3.47	61

NEW!

Standard Bench

MWB479

Marcy Brand

- Heavy duty square tubing frame (14 gauge)
- Standard width “No Pinch” uprights
- High density upholstery with box style edging
- 3 positions flat/incline/decline
- Removable curl bar with Preacher pad
- Plate loaded dual action leg developer (seated leg extension/lying leg curl)
- Durable powder coated finish
- Pivot point on leg developer correctly aligns with knee joints for better biomechanics
- Includes large roller pads for added comfort

(Crutches accept 5’ bar only)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MKB367RH	Standard Bench (Big 5)	Marcy Club	8	3.49	64

NEW!

Standard Bench

MKB367RH

Marcy Club Brand

Features:
- Multi-position back pad adjusts to chest press and incline chest press exercises
- Dual function leg developer
- 450 lb. weight capacity (includes user body weight plus weights on barbell)
- 2 standard size weight plate storage posts help organize weights
- Comfortable foam roller pads
- Includes row handle

Specs:
- 2” x 2” heavy duty steel tube frame
- Durable powder coated finish
- High density rolled upholstery constructed from top-grade high density foam

MARCY CLUB STANDARD BENCH
WITH TOTAL LEG DEVELOPER AND PREACHER CURL PAD
Striving to be your best is what it's all about. Having the best equipment is what gets you there.
The most versatile strength bench.
Model MKB-367RH
MKB-367RH

(Crutches accept 5’ bar only)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MCB 379	Standard Bench	Marcy Classic	8	3.47	61

Standard Bench

MCB379

Marcy Classic Brand

- Heavy duty square tubing frame (14 gauge)
- Standard width “No Pinch” uprights
- High density upholstery with style ribs
- 3 positions flat/incline/decline
- Removable curl bar with Preacher pad
- Plate loaded dual action leg developer (seated leg extension/lying leg curl)
- Durable powder coated finish
- Pivot point on leg developer correctly aligns with knee joints for better biomechanics
- Includes large roller pads for added comfort

(Crutches accept 5’ bar only)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD389	Standard Bench	Marcy Diamond	8	4.53	68

Standard Bench

MD389

Macy Diamond Brand

- Standard Bench Size
- Heavy duty 2" x 2" square tubing fixed uprights
- Adjustable height back pad
- Four Fixed roller pads - dual action leg developer with plate loaded weight post.
- Arm Curl Preacher pad, with integrated curl bar
- Butterfly arm attachments, with weight posts
- Comfortable high density seat and back pads
- Embroidered Marcy logo
- Front and rear stabilizers
- Durable powder coated finish
- Smith style adjustable bar catches with three positions
- Plate loaded style weight storage posts.

(Crutches accept 5’ bar only)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD7502	One Piece Mid Sized Bench	Marcy Diamond	8	5.15	82

Mid Size Bench

MD7502

(Crutches accept 5’ or 6’ bar)

Marcy Diamond Bench

•Dual action leg developer with proper pivot point for seated and reverse leg extensions

• Four oversized roller pads on leg developer

• Incline, flat and, decline pressing positions, with reinforced adjustable seat back.

• Pop Pins Crutch adjustments.

•Accepts a 6' or 7' straight bar

•Durable powder coated finish

•Deluxe boxed upholstery

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
PM 888	Mid Sized Bench	Marcy PRO	1	3.81	62

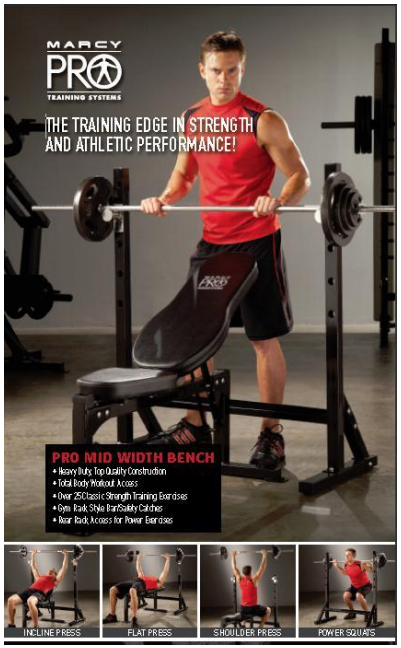
PM 888

Mid Size Bench

Marcy Pro Brand

Specifications

- Total body strength training
- Over 30 of the most effective free weight exercises
- Extended upright tube access providing additional exercises to be performed
- Power rack style racking system
- front to rear positions
- Adjustable back and seat pad providing multiple decline, flat, incline and shoulder press positions
- Accepts all Marcy Pro Accessories, PM20, PM30, PM40, PM50.



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD859P	Deluxe Mid-Size Bench	Marcy	TBD	5.42	180

Mid Size Bench

MD859P

(Crutches accept 5’ or 6’ bar)

Marcy Diamond Elite Bench

- Two Piece bench for compact storage and allows multiple uses.
- Pop pin, no-pinch crutches
- Sturdy no-tip front and rear stabilizers
- Seat angle adjustment
- Quick Adjust saw-tooth style back adjustment
- 6 oversized foam roller on leg developer provides comfort
- Walk in squat capability
- Accepts 6’ or 7’ straight bar
- Includes adj. oversized arm curl pad
- 14 gauge steel with 3” uprights.
- 3 1/8” x 1 5/8”, 2”x2” heavy duty tube frame

(Crutches accept 5’ or 6’ bar)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MKB869	Delux Mid Size Bench (Big 5)	Marcy Club	8	5.87	96

NEW!

Mid Size Bench

MKB869

Deluxe Mid Size Bench

Features:

- Two-piece design allows for more versatile workouts, including walk in squat and lunge exercises
- Large adjustable preacher curl bicep pad
- Dual function leg developer with pivot point in proper alignment with knee joints
- Adjustable four position back pad
- Comfortable foam roller pads
- Accepts Standard and Olympic size barbell and weight plates

Specs:

- Steel tubing – 2” round and 2” x 2” 14 gauge square tubing
- Independent adjustable crutches
- Upholstery – Boxed side construction with high density foam and two-tone accentuated vinyl
- Finish – Durable powder coat

(Crutches accept 5’ or 6’ bar)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD 867	Mid Sized Bench (Academy Sports)	Marcy	TBD	6.52	108

Mid Size Bench

MD 867

Marcy Diamond Brand

•Club style “Akimbo” uprights with adjustable bar catch heights

•Preacher Pad with contoured shape for comfort

•Four oversized roller pads on leg developer

•Decline, flat and incline pressing positions

• Pop Pin Slide Track adjustment

•Dual action leg developer with proper pivot point for seated and reverse leg extensions

•Walk in squat capability with Bar Catches

•Seat angle adjustment

•Weight Storage post for Olympic or Standard weights

•Accepts a 5' or 6' straight bar

•Durable powder coated finish

•Deluxe boxed upholstery with ribbing

• Embroidered Seat pad

(Crutches accept 5’ or 6’ bar)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
CB 729	Olympic Bench	Competitor	8	3.80	64

Olympic Size Bench

CB 729

Competitor Brand Bench

- 2.5 x2.5” heavy duty steel tube frame
- Durable powder coated finish
- Independent, Adjustable height crutches with quick release pop pin knobs.
- Accepts 7’ Olympic bar
- Multi-position back pad adjusts to chest press, incline press, decline press and military exercise positions
- Dual action leg developer with pivot point that correctly aligns with knee joints for better biomechanics
- Contoured foam roller pads
- 272 kg (600 lb.) weight capacity (user weight + Weight Bar.
- High density deluxe boxed upholstery

Competitor CB-729
Olympic size bench
The model CB-729 offers a variety of exercises and positions that target upper and lower body muscles.
Durable and compact, the CB-729 is a great addition to any home gym.
Competitor CB-729
Olympic size bench

(Crutches accept Olympic bar)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MKB733	Olympic Weight Bench (Big 5)	Marcy Club	8	4.94	80

NEW!

Olympic Size Bench

MKB733

Marcy Club Brand

Features:

- Large adjustable preacher curl bicep pad
- Dual function leg developer with pivot point in proper alignment with knee joints
- Adjustable four position back pad
- Contoured foam roller pads for added comfort
- Accepts Olympic size barbell and weight plates

Specs:

- Steel tubing – 2” x 2” 14 gauge square tubing
- Independent adjustable crutches
- Upholstery – Boxed side construction with high density foam and two-tone accentuated vinyl
- Finish – Durable powder coat

(Crutches accept Olympic bar)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD 844	Olympic Bench	Marcy Diamond	2	N/A	N/A

Olympic Size Bench

MWB 715N

Marcy Brand Bench

- 2.5 x 2.5” heavy duty steel tube frame with reinforced joints.
- Durable powder coated finish
- Multi-position back pad adjusts to chest press, incline press, decline press exercise positions
- Independent, Adjustable height crutches with quick release pop pin knobs.
- Adjustable Height Preacher Pad with large contoured cushion and bar catch.
- Adjustable seat positions for Incline Press and Leg Developer.
- Height Adjustable dual action leg developer with pivot point that correctly aligns with knee joints for better biomechanics
- Six contoured foam roller pads
- High density deluxe boxed upholstery
- Accepts 7’ Olympic bar
- 272 kg (600 lb.) weight capacity (user weight + Weight Bar.

(Crutches accept Olympic bar)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD879	Olympic Bench (Dunham's)	Marcy Diamond	8	5.28	102

NEW!

Olympic Size Bench

MD879

Marcy Diamond Brand

FEATURES:

- Adjustable preacher curl bicep pad
- Dual function leg developer with pivot point that aligns with knee joints
- Two piece frame design with walk-in squat feature
- Five position adjustable back pad
- Contoured foam roller pads
- Adjustable upright crutches
- Accepts Olympic size barbell and weight plates

BENEFITS:

- Compact frame design
- Durable construction
- Easy to assemble
- Exercise most major muscle groups
- Manufacturer's two year limited warranty

(Crutches accept Olympic bar)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD856	Olympic Surge Bench	Marcy Diamond	2	5.65	117

Olympic Size Bench

MD 857

Marcy Diamond Bench

- 2'' x 2-3/4'' and 2" x 2" heavy duty steel tube frame
- Durable charcoal powder coated finish
- Club style "Akimbo" uprights with diamond pattern striker plates and commercial grade bar catches
- Two weight plate storage posts with Olympic sleeves
- Adjustable preacher curl pad
- Six oversized roller pads on leg developer with Olympic plate sleeve
- Pivot point on leg developer correctly aligns with knee joints for better biomechanics
- Reverse crutches for squat exercise capability
- Seat sliding track for easy pop pin back pad angle adjustment and proper lifting positions
- Seat angle adjusts to military, incline, flat and decline positions

Assembled Dimension
83" x 51.5” x 81"

(Crutches accept Olympic bar)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
PM4200	Olympic Bench w/ leg-arm developer Option	Marcy PRO	8	4.87	104

Olympic Size Bench

PM 4200

FEATURES:

Marcy Pro Olympic Weight Bench + Accessories

- Total body strength training
- Over 30 of the most effective free weight exercises
- Extended upright tube access providing additional exercises to be performed
- Power rack style racking system
- Gravity lock, quick adjust bar and safety catches
- Multiple numbered adjustment system
- Innovative quad linkage seat system providing quick front to rear positions
- Adjustable back and seat pad providing multiple decline, flat, incline and shoulder press positions
- Front tube swivel catch providing leg lock access for sit up
- Open front tube/spring lock access for additional accessories

Watch Video

Promotional Poster Available

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
PM 20	Leg Developer Accessory	Marcy PRO	8	1.07	19
PM 30	Arm Curl Accessory	Marcy PRO	8	1.47	29
PM40	Ab Crunch Accessory	Marcy PRO	8	2.42	28
PM50	Butterfly Accessory	Marcy PRO	8	1.33	28

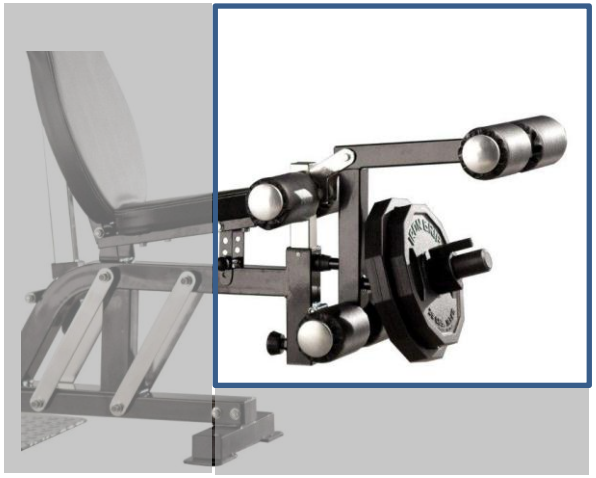
NEW!

PM4200 Bench - PM 3800 Cage - PM4400 Gym

Accessories

PM20

Leg Extension
Leg Curl



PM30

Preacher Curl with Pad

PM40

Ab Crunch

PM50

Butterfly

Cage Systems – Leverage Gyms – Utility Benches

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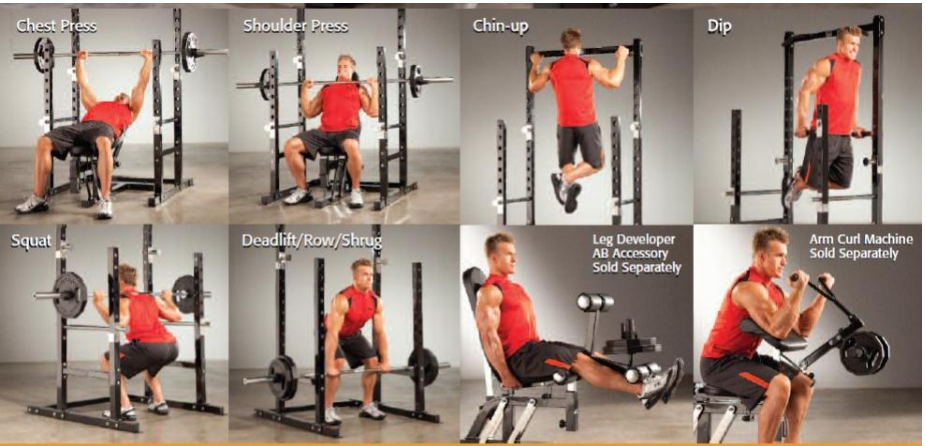
MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
PM3800	Smith Cage	Marcy Pro	8	10.06	183

CAGE SYSTEMS

PM 3800

Features:

- Total body strength training with safety
- Over 30 of the most effective free weight exercises
- Open full cage access with front safety structure
- Gravity lock, quick adjust bar and safety catches
- Multiple numbered adjustment system
- Multiple grip chin up access
- Adjustable height chromed dip handles
- Bench Accepts PM20, PM30, PM40, PM50 Accessories



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SM1050	Smith Cage	Marcy	1	9.94	178

SMITH SYSTEMS

SM 1050

Marcy Brand Smith System

- High quality 1" chrome guide rods
- Durable Powder coat paint
- Adjustable bar catches and safety stoppers
- Smith's "Ultra-Glide“ poly sleeves assures smoothest movement
- Dual action leg developer with 4 oversized roller pads
- Multi- purpose utility bench with quick change back pad adjustment, adjustable curl pad, Dual action leg developer with 4 oversized roller pads
- Walk in squat/lunge and pull-up capability

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SM4008	Smith Cage	Marcy	1	16.42	305

SMITH SYSTEMS

SM 4008

Marcy Smith System

- 2" x 2 3/4" and 2" x 2" heavy duty tubular steel construction
- Cable cross-over pulleys with rotational movements
- Durable powder coated finish
- 3 3/4" nylon pulleys with sealed ball bearings
- 2000 lbs tensile strength aircraft cable
- High quality 1" chrome guide rods
- Smith's "Ultra-Glide“ poly sleeves assures smoothest movement
- Adjustable bar catches and safety stoppers
- Cage uprights feature Nylon striker pads to protect paint
- Diamond plated non-slip foot brace for seated row exercises and standing curls
- 4 Olympic plate storage pegs
- Includes Triceps Rope, Shiver Bar, Ankle Strap, two Single Handles and Chromed V-Bar
- Multi-function bench included with leg developer, quick change adjustable back pad, and Olympic sleeve on leg developer
- Dual action leg developer with 6 oversized roller pads
- Proper pivot point on leg developer for proper muscle isolation
- High density deluxe boxed upholstery

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD9010	Smith Cage + Linear Bearings	Marcy Diamond	1	18.47	437

SMITH SYSTEMS

MD 9010G

Marcy Diamond Elite Smith System

- 2" x 2 3/4" and 2" x 2" heavy duty tubular steel construction
- Cable cross overs
- Durable white powder coated finish
- 3 3/4" nylon pulleys with sealed ball bearings
- 2000 lbs tensile strength aircraft cable
- High quality 1" chrome guide rods
- Smith's "Ultra-Glide" linear bearings assures smoothest movement
- Commercial grade pop pins adjustment with tightening features
- Frame structure features a 7-degree slant designed to accommodate the natural upper and lower body movements
- "Off the floor" base frame design provides increased stability
- Adjustable bar catches and safety stoppers
- Cage uprights feature chromed diamond striker plates and commercial grade bar and safety catch
- Diamond plated non-slip foot brace for seated row exercises
- 6 Olympic plate storage pegs
- Includes Lat Bar, Triceps Rope, Shiver Bar, Ankle Strap, Single Handle and Chromed V-Bar
- AB4050 Multi-function bench included with preacher pad and Olympic sleeve on leg developer
- Dual action leg developer with 6 oversized roller pads and row/curl handle
- Proper pivot point on leg developer for proper muscle isolation
- High density deluxe boxed upholstery
- Chrome sliding track for easy pop pin back pad angle adjustment

Assembled Dimension
95" x 79" x 86”

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SM 2805	Suspension Rack	Marcy	CA	4.44	126

Suspension Rack

NEW!

SM 2805

Attach POP to upper horizontal beams using (4) supplied cable ties

TRX Style Suspension Training Rack

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
PM4400	Dual Action Leverage Gym	Marcy Pro	8	8.43	170

LEVERAGE GYM

PM 4400

Watch Video

Marcy PRO Leverage Gym

- Durable tube frame structurally built to handle the abuse
- Patent Pending Push/Pull Lever Arm Motion
- Durable black powder coated finish
- Over 30 classic strength training exercises
- Multi-function bench included with (Optional) preacher pad, and (Optional) leg developer.
- Dual Action seat movement, allows for bench press, and Military Press with minimal changing of the bench position.
- High density deluxe boxed black upholstery
- Bench Accepts PM20, PM30, PM40, PM50 Accessories

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
JD1.2	Sit Up Board	Apex	8	1.84	29
JD2.2	Flat Bench	Apex	8	2.01	33
JD3.1	Romn Chair	Apex	8	2.31	47

UTILITY BENCHES

JD1.2

- APEX Utility Benches
- 2"x2" heavy duty tube frame
- Foam hold-down pads
- Comfortable high density deluxe boxed upholstery
- Durable powder coated finish

JD2.2

Full Color Box

Assembled Dimension
52.5"x14"x23.5”

Assembled Dimension
43"x12"x18"

JD3.1

Full Color Box

Assembled Dimension
43.5"x28"x38”

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SM261	Utility Bench (Academy)	Marcy	8	2.23	41

NEW!

UTILITY BENCHES

SB261

Marcy Brand

Features

• Multi-Position back pad that adjusts to upright, incline, decline a
flat exercises.
• Compact Design

Benefits

• Target Upper and lower abdominal muscle groups
• Train Upper Body Muscles
• Burn Calories and Loose Weight
• Tone and Define
• Increase strength and stamina

Specs

• Sturdy Frame Construction
•Durable Powder Coated Finish
•Boxed upholstery with high density foam
•Foam roller pads
•300 lbs. max user weight capacity

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MKB211	Utility Bench (Big 5)	Marcy Club	8	2.06	28

NEW!

UTILITY BENCHES

MKB211

Marcy Club Brand

Features:

- Multi-position back pad that adjusts to upright, incline, decline and flat exercises
- Compact design

Specs:

- Sturdy frame construction
- Durable powder coated finish
- Boxed upholstery with high density foam
- Foam roller pads
- Max 300 lb. user weight capacity

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SB410	Crunch Board	Marcy	1	2.02	31

UTILITY BENCHES

SB 410

Marcy Utility Bench

- Durable 1 1/4" x 2 1/4" race track style tube frame
- Comfortable 2" "Turbo Upholstery“
- Seat pad adjusts to flat and decline positions
- Compact design
- Contoured oversized foam roller pads with adjustable lower ankle pads
- Scratch resistant powder coated finish
- Large front and rear stabilizers

•Assembled Dimension
43.5"x22"x20"

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SB222	Decline/Flat/Incline/Military Bench	Marcy	1	1.82	32

UTILITY BENCHES

SB222

Marcy Utility Bench

- 1 1/4" x 2 1/4" race track style heavy duty steel tube frame
- 4-position abdominal bench with slotted back pad adjustment for greater ease and security
- Ergonomically designed back pad adds greater range of motion when performing dumbbell exercises
- Support handles for leg raise exercises
- 4-Comfortable thigh and ankle roller pads with vinyl covering
- Durable high density padding and upholstery
- Scratch and chip resistant powdered coat finish

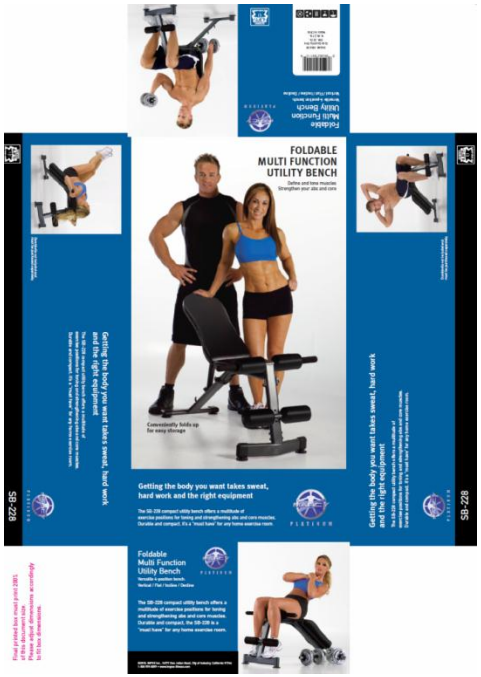
Full Color Box

Assembled Dimension
49"x26.5"x41"

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SB228	Decline/Flat/Incline/Military Bench	Marcy	TBD	1.82	32

SB228

UTILITY BENCHES



Marcy Utility Bench

- 1 1/4" x 2 1/4" race track style heavy duty steel tube frame
- 4-position abdominal bench with slotted back pad adjustment for greater ease and security
- Ergonomically designed back pad adds greater range of motion when performing dumbbell exercises
- Support handles for leg raise exercises
- 4-Comfortable thigh and ankle roller pads with vinyl covering
- Durable high density padding and upholstery
- Scratch and chip resistant powdered coat finish

Assembled Dimension
49"x26.5"x41"

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SB410 + VB40	Crunch Board + 40 lb Weight Set	Marcy	1	2.02	31

NEW!

SB410 + VB40

Marcy Utility Bench

- Durable 1 1/4" x 2 1/4" race track style tube frame
- Comfortable 2" "Turbo Upholstery“
- Seat pad adjusts to flat and decline positions
- Compact design
- Contoured oversized foam roller pads with adjustable lower ankle pads
- Scratch resistant powder coated finish
- Large front and rear stabilizers
- 2 x 20 lb dumbbells with spring collars and bars
  - 2 x 7.5 lb. plates
  - 2 x 2.5 lb. plates
- Durable vinyl concrete filled plates
- Assembled Dimension 43.5"x22"x20"

SLANT BOARD
WITH 40 Lb. DUMBBELL SET
Versatile and compact.
Tone and define your abs while strengthening your muscles.
MARCY
MODEL SB-410 / VB-40

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SB 510	Utility Bench + Chrome Slide **(Substitutes SB685)**	Marcy	8	2.78	48

UTILITY BENCHES

SB 510

Marcy Brand Utility Bench

- High density boxed upholstery constructed from top-grade high-density foam
- Multi-position back pad adjustment (incline, decline, flat)
- Pop-pin chrome slide track adjustment
- Over-sized adjustable leg hold down foam roller pads
- Durable powder coated finish
- Bench will adapt to most squat racks, half cages, and Smith machines

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SB 670	Utility Bench	Marcy	8	3.53	46

UTILITY BENCHES

SB 670

Marcy Brand Utility Bench

- High density boxed upholstery constructed from top-grade high-density foam
- 6-position back pad adjustment (incline, decline, flat)
- 3-position seat adjustment
- Fold away front post for easy storage
- Durable powder coated finish
- Bench will adapt to most squat racks, half cages, and Smith machines

Home Gyms – Power Towers

Return to Main Menu

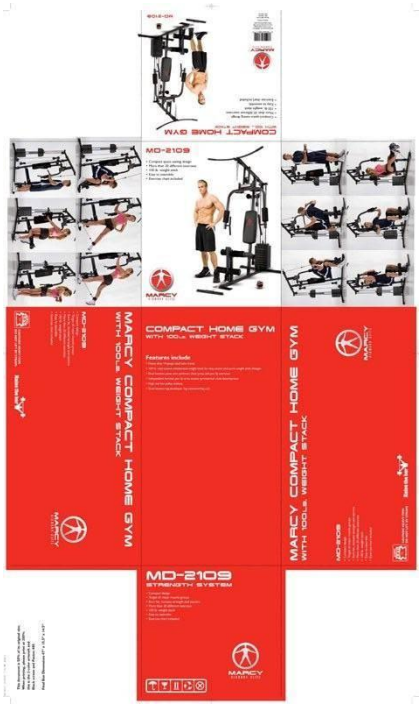
MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD2109	100# Single Stack **(Substitutes MCH2009)**	Marcy diamond	8	6.11	207

HOME GYMS

MD 2109

KEY FEATURES:

- 2” x 2” and 1” x 2” heavy duty steel tube frame
- 100 lb. vinyl coated, selectorized weight stack
- Dual function press arm provides chest press and independent pec fly exercises
- High and low pulley stations
- Oversized foam roller pads
- High density boxed upholstery constructed from top-grade high-density foam
- Durable powder coat finish
- Manufacturer’s 2 year limited warranty
- Full Color Litho Box and Workout Chart



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWM1105	100# Single Stack	Marcy Platinum	8	5.62	193

HOME GYMS

MP 1105

Marcy Platinum Home Gym

- Heavy duty, 14 gauge steel tube frame
- 100 lb. vinyl coated weight stack
- High and low pulley stations
- Over sized foam roller pads add comfort while performing leg exercises
- Dual function press arm performs check pressing and pec fly exercises
- Durable powder coat finish

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWM 983	100 lb. Stack Gym (Wal*Mart Canada)	Marcy	8	7.47	220

NEW!

HOME GYMS

MWM 983

Marcy Home Gym

•Steel tubing-2"x2" round and 2"x2" square 14 gauge tubing
•Upholstery-Boxed construction with high density foam and two-tone vinyl design
•Cables-Aircraft rated at 2000 lb tensile strength
•Pulleys-3.75" Nylon reinforced with sealed bearings
•Weights-100 lb selectorized vinyl weight stack
•Weight stack cover-Durable Fabric Shields
•Guide rods-1" chrome plated
•Finish-Durable powder coat
•Accessories-Lat bar, link chain, and ankle strap

Features:

•Dual function, independent motion press arm/vertical butterfly
•Dual function leg developer with pivot point that properly aligns with the knee joints
•High and low pulleys
•Lat station
•Contoured foam roller pads

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MKB 1101	120 lb. Stack Gym (Big 5)	Marcy Club	8	8.90	242

NEW!

HOME GYMS

MKB 1101

Marcy Club Brand
120lb. Single Stack Home Gym

Features:

- Dual function, independent motion press arm/pectoral fly
- Dual function leg developer with pivot point that properly aligns with the knee joints
- High and low pulleys
- Compact design

Specs:

- Steel tubing – 2” round and 1.5” x 3.25” rectangular 14 gauge tubing
- Double resistant cable loops
- Durable powder coated finish
- Boxed upholstery with high density foam
- Cables – Aircraft rated at 2000 lb tensile strength
- Pulleys – 3.75” Nylon reinforced with sealed bearings
- Weights – 120 lb. selectorized vinyl weight stack
- Foam roller pads
- Box Dim: L73.5” x W18.5” x H 12.25”
- Box Wt.: 235.5 lb.

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWM 980	150 lb. Single Stack + Shroud	Marcy	8	7.17	297

HOME GYMS

MWM 980

Marcy Home Gym

•Steel tubing-2"x2" round and 2"x2" square 14 gauge tubing
•Upholstery-Boxed construction with high density foam and two-tone vinyl design
•Cables-Aircraft rated at 2000 lb tensile strength
•Pulleys-3.75" Nylon reinforced with sealed bearings
•Weights-150 lb selectorized vinyl weight stack
•Weight stack cover-Solid steel protective shroud
•Guide rods-1" chrome plated
•Finish-Durable powder coat
•Accessories-Lat bar, link chain, and ankle strap

Features:

•Dual function, independent motion press arm/vertical butterfly
•Dual function leg developer with pivot point that properly aligns with the knee joints
•High and low pulleys
•Lat station
•Adjustable preacher curl bicep pad
•Contoured foam roller pads
•Comprehensive exercise poster

Benefits:

•Compact frame design
•Durable construction
•Easy to assemble
•Exercise every major muscle group

Assembled Dimension
68"x 36" x 78"

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWM 977	150 lb. Single Stack + Shroud	Marcy	8	7.97	273

HOME GYMS

MWM977

Marcy Classic Home Gym

•Steel tubing-2"x2" round and 2"x2" square 14 gauge tubing
•Upholstery-Boxed construction with high density foam and two-tone vinyl design
•Cables-Aircraft rated at 2000 lb tensile strength
•Pulleys-3.75" Nylon reinforced with sealed bearings
•Weights-150 lb selectorized vinyl weight stack
•Weight stack cover-Solid steel protective shroud
•Guide rods-1" chrome plated
•Finish-Durable powder coat
•Accessories-Lat bar, link chain, and ankle strap

Features:

•Dual function, independent motion press arm/vertical butterfly
•Dual function leg developer with pivot point that properly aligns with the knee joints
•High and low pulleys
•Lat station
•Adjustable preacher curl bicep pad
•Contoured foam roller pads
•Comprehensive exercise poster

Benefits:

•Compact frame design
•Durable construction
•Easy to assemble
•Exercise every major muscle group

Assembled Dimension
68"x 36" x 78"

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWM988	150 lb. Stack Gym (Academy)	Marcy	1	8.08	276

NEW!

HOME GYMS

MWM 988

SPECIFICATIONS:

- Steel tubing- 2” X 2” round and 2”X 2” square 14 gauge tubing
- Upholstery- Boxed construction with high density foam and two-tone vinyl design
- Cables- Aircraft rated at 2000 lb tensile strength
- Pulleys- 3.75” Nylon reinforced with sealed bearings
- Weights- 150 lb. selectorized vinyl weight stack
- Weight stack cover- Solid steel protective shroud
- Guide rods- 1” chrome plated
- Finish- Durable powder coat
- Accessories- Lat bar, link chain, and ankle strap

FEATURES:

- Dual function, independent motion press arm/vertical butterfly
- Dual function leg developer with pivot point that properly aligns with the knee joints
- High and low pulleys
- Lat station
- Adjustable preacher curl bicep pad
- Contoured foam roller pads
- Comprehensive exercise poster

BENEFITS:

- Compact frame design
- Durable construction
- Easy to assemble
- Exercise every major muscle group
- Manufacturer’s two year limited warranty

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
PM3200	Marcy Home Gym (Dick's Sports Exclusive)	Marcy	8	8.19	297

HOME GYMS
PM3200

Platinum Marcy Home Gym (Dick's Sporting Goods)

- 2" x 2 3/4" heavy duty steel tube frame
- Vertical 2" round steel bench press arms
- Durable powder coated finish
- 3 3/4" pulleys with sealed ball bearings
- 2000 lb tensile strength aircraft cable
- Roller pads on leg developer with proper pivot points
- Adjustable bicep curl pad
- Dual function press arm achieves all pressing exercises (bench, incline, shoulder) along with pectoral fly exercises
- Adjustable back pad used for seated Rows. Pop pin above arms allows rotation of the press arms to the rear for row exercises
- Includes lat bar, rotating straight bar, and ankle strap
- Metal protective weight stack cover

Comprehensive exercise poster

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MWM1860	150 lb. Stack Gym + Tower + Fabric Shroud	Marcy	8	10.72	308

NEW!

HOME GYMS

MWM1860

Marcy Home Gym

- Steel tubing-2"x2" round and 1.5”x3.25” rectangular 14 gauge rounded tubing.
- Upholstery-Boxed construction with high density foam and two-tone vinyl design
- Cables-Aircraft rated at 2000 lb tensile strength
- Pulleys-3.75" Nylon reinforced with sealed bearings
- Weights-**150 lb** selectorized vinyl weight stack
- Guide rods-1" chrome plated
- Contoured Foam Roller Pads
- Finish-Durable powder coat
- Accessories-Lat bar, shiver bar, ankle strap, handle, and link chain
- Dual function, independent motion press arm/pectoral fly
- Dual function leg developer with pivot point that properly aligns with the knee joints
- Vertical knee raise support arms, that articulate out of the way when doing pull-ups.
- High and low pulleys
- Lat station
- COMES WITH DURABLE CLOTH SHROUD
- Comprehensive exercise poster

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MP3205	150 Lb. Stack + Boxing	Marcy	8	13.23	364

150 LB. STACK GYM WITH HEAVY BAG AND SPEED BAG

Release your maximum potential with Marcy's Platinum Series.

The ideal home set-up for total body conditioning or circuit training.
The MP-3205 draws on many of the same exercises found on similar professional health club machines. Its unique design incorporates traditional strength training exercises as well as cardiovascular conditioning with the added heavy bag and speed bag. Now you can train like a Pro and benefit from maximum results.

SPECIAL FEATURES INCLUDE

- High and low pulley station for upper and lower body exercises
- Dual function press arm for chest press and pec fly exercises
- Total leg station developer works quads and hamstring muscles
- Bicep preacher curl pad for targeting bicep muscles
- 150 lb. selectorized weight stack with protective shroud covers
- 50 lb. heavy bag and speed bag

MP3205

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MFM8250	150 lb. Stack Gym + Leg Press	Marcy	1	13.65	320

NEW!

HOME GYMS

MFM 8250

Marcy Brand
150 lb Stack Home Gym with Upright Leg Press

FEATURES:
- Durable frame construction
- Durable powder coated finish
- Boxed upholstery with high density foam
- Contoured foam roller pads
- Cables rated at 2000 lb. tensile strength
- Dual function press arm with integrated pectoral fly arms
- Adjustable preacher curl pad – Flips to rear for Leg Press.
- Upright leg press – with 2:1 ratio for increased weight capacity
- High and low pulley station for upper and lower body exercises
- Dual function press arm for chest press and pec fly exercises
- Total leg station developer
- 150 lb, selectorized weight stack
with solid steel shroud enclosures
- Space saving design

BENEFITS:
- Exercise all major muscle groups
- Increase overall strength
- Increase lean muscle mass
- Increase stamina
- increase metabolic rate and burn more calories
- Increase efficiency by decreasing your workout time

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MD 3401	200 lb. Stack (Academy)	Marcy Diamond	8	13.36	400

NEW!

HOME GYMS
MD 3401

Marcy Diamond Brand

FEATURES
- 2” round and 2” x 2.5” heavy duty steel tube frame
- Durable powder coated finish
- 200 lb. vinyl coated, selectorized weight stack
- Multi-position press arm adjusts to chest press, incline pr and military press exercises
- Adjustable back pad seat support
- Independent barrel butterfly station
- Dual function leg developer
- High and low pulley stations
- Solid steel weight stack enclosures
- Oversized foam roller pads
- High density boxed upholstery constructed from top-grad density foam

BENEFITS
- Compact frame design
- Durable construction
- Easy to assemble
- Exercise every major muscle group

Manufacturer’s two year limited warranty

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
TC 1800	Promotional Power Tower	Marcy	8	3.23	70

POWER TOWERS

TC 1800

Marcy Tower

- VKR (vertical knee raise) station
- Pull-up/chin-up station
- Dipping station
- 2"x 2¾", 14 gauge tubular steel frame construction
- Chin up bar contains multiple hand position grips for a varying degree of upper body exercise possibilities
- Durable powder coated finish
- Fold away dip station arms for easy access to chin-up/pull-up station
- Full Color Box Graphics

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SAG71	Power Tower (The Sports Authority)	Marcy	1	4.39	76

NEW!

POWER TOWERS

SAG71

Marcy Brand

Features:

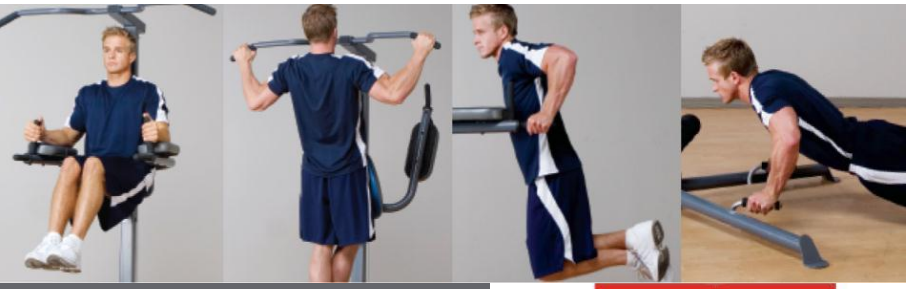
- Durable powder coated finish
- 14 gauge steel, 2 ½“ round tube uprights
- Anatomically correct forearm pads secure upper body placement during knee raise exercises
- Push up handles
- Compact design
- Easy assembly
- Three position hand grip for chin up bar
- Tricep dips and abdominal knee raises

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
TC3502	Power Tower	Marcy	8	4.30	85

NEW!

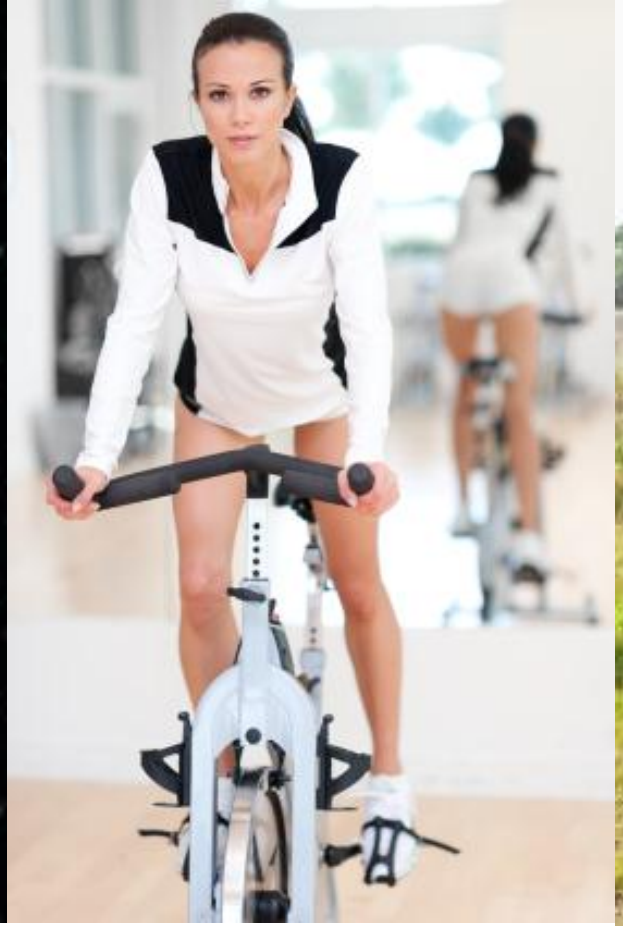
POWER TOWERS

TC3502



TC-3502 Power Tower

- Durable powder coated finish
- 2" round, 2" X 2.75" rectangular, 14 gauge tubular steel frame constructio
- Triangular base frame construction allow you to place the unit neatly into the corner of a room
- Chin up bar designed with multiple hand positions for varying grip placement
- Knee raise and dip station
- Ergonomically angled VKR pads reduce stress to the shoulder's rotator cuffs while better securing the forearms against the pads
- Dip handles flip up for unobstructed chin up exercises
- Angled frame design secures the upper torso against the back pad and eliminate body sway while performing knee raise exercises
- Push up handles
- Ankle pads secure body for sit up and abdominal crunch exercises
- Manufacturer's 2 year limited warranty
- UPC: 0-96362-98883-4



Cardio

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MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MS68	Mini Stepper w/Bands	Hers	8	0.90	19

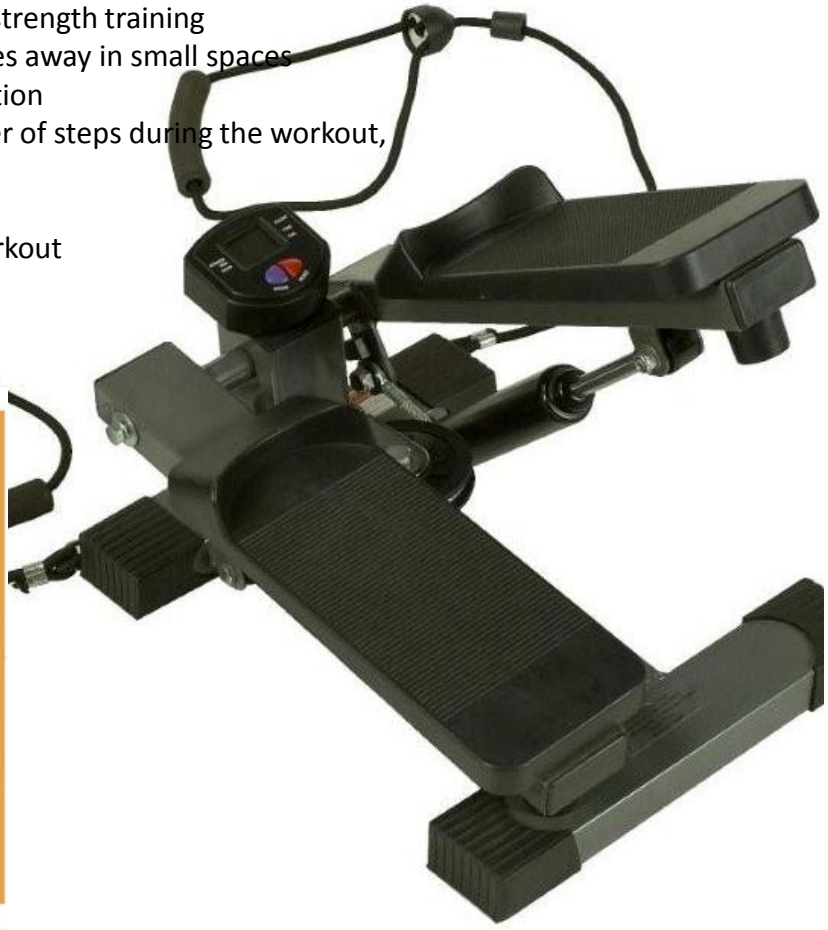
CARDIO

hers Home Fitness

MS68

Hers Brand

- If you are limited on space yet want a great cardiovascular and overall strength workout at home
- Two medium-resistance removable toning bands with easy-grip foam handles add an upper body workout to your step routine.
- Remove the toning bands to use alone for total body strength training
- Compact design lets you work out anywhere and stores away in small spaces
- Two hydraulic cylinder provide a smooth stepping motion
- Battery operated electronic monitor tracks the number of steps during the workout, workout time and calories burned
- Sturdy steel construction
- Wide, textured steps keep feet secure during your workout
- Skid resistance rubber floor protectors
- Full Color Litho Box



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MS69	Mini Stepper w/Bands	Marcy	8	1.66	16

CARDIO

MS69

Marcy Brand

•Two medium-resistance removable toning bands with easy-grip foam handles add an upper body workout to your step routine.
• Remove the toning bands to use alone
• Compact design lets you work out anywhere and stores away in small spaces
• Two hydraulic cylinder provide a smooth stepping motion
• Battery operated electronic monitor tracks the number of steps during the workout, workout time and calories burned
• Sturdy steel construction
• Wide, textured steps keep feet secure during your workout
• Skid resistance rubber floor protectors
• Full Color Litho Box

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MS94	Stepper w/Handle	Marcy	1	2.67	31

CARDIO

MS94

- Durable Steel Frame
- Extra wide foot print for superb stability
- LCD display helps keep track of your calories, time, and steps.
- Stabilizing handlebar for added support
- Step height adjustable to control difficulty of step motion
- Light weight and portable
- Model Not Included!
- Full Color Litho Box

MARCY MS-94
mini stepper
MARCY MS-94 mini stepper
MARCY MS-94 mini stepper
Shape your hips, thighs, buns and calves as you burn calories and excess fat.
Increase your cardiovascular endurance, metabolism and flexibility.
Simple and easy for anyone to use.
Features Include
MARCY MS-94 mini stepper
MS-94 mini stepper
Features Include

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
NS912	Table Bike (Case Pack 2)	Marcy	5	1.02	20

CARDIO

NS912

Marcy Brand

•Table Bike can be used on the floor for lower body, or on a table for upper body workouts

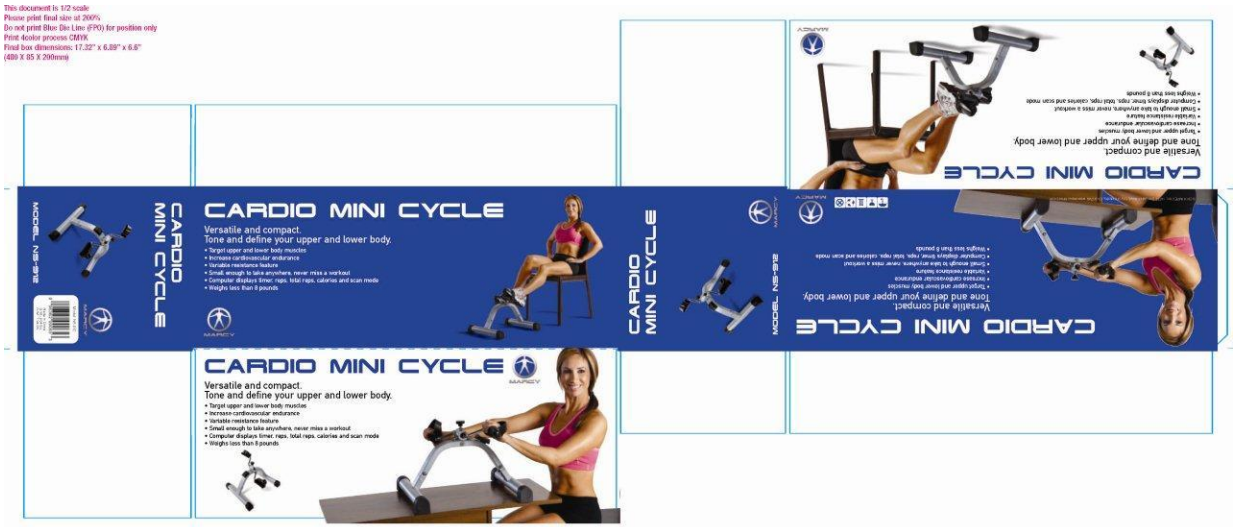
• Perfect If you are limited on space yet want a great workout

•Battery operated electronic monitor tracks Time, rotations, total rotations, and Calories

•Sturdy steel construction

•Skid resistance rubber floor protectors

• Full Color Litho Box



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
NS909	Table Mini Cycle	Marcy	5	1.02	20

CARDIO

NS909

Marcy Brand

•Table Bike can be used on the floor for lower body, or on a tabl body workouts

• Perfect If you are limited on space yet want a great workout

• Weighs only 5.2 kg (11.5 lb.)

•Battery operated electronic monitor tracks Time, rotations, tot and Calories

•Sturdy steel construction

• Beautiful plastic housing, with easy grip handle for transport.

•Skid resistance rubber floor protectors

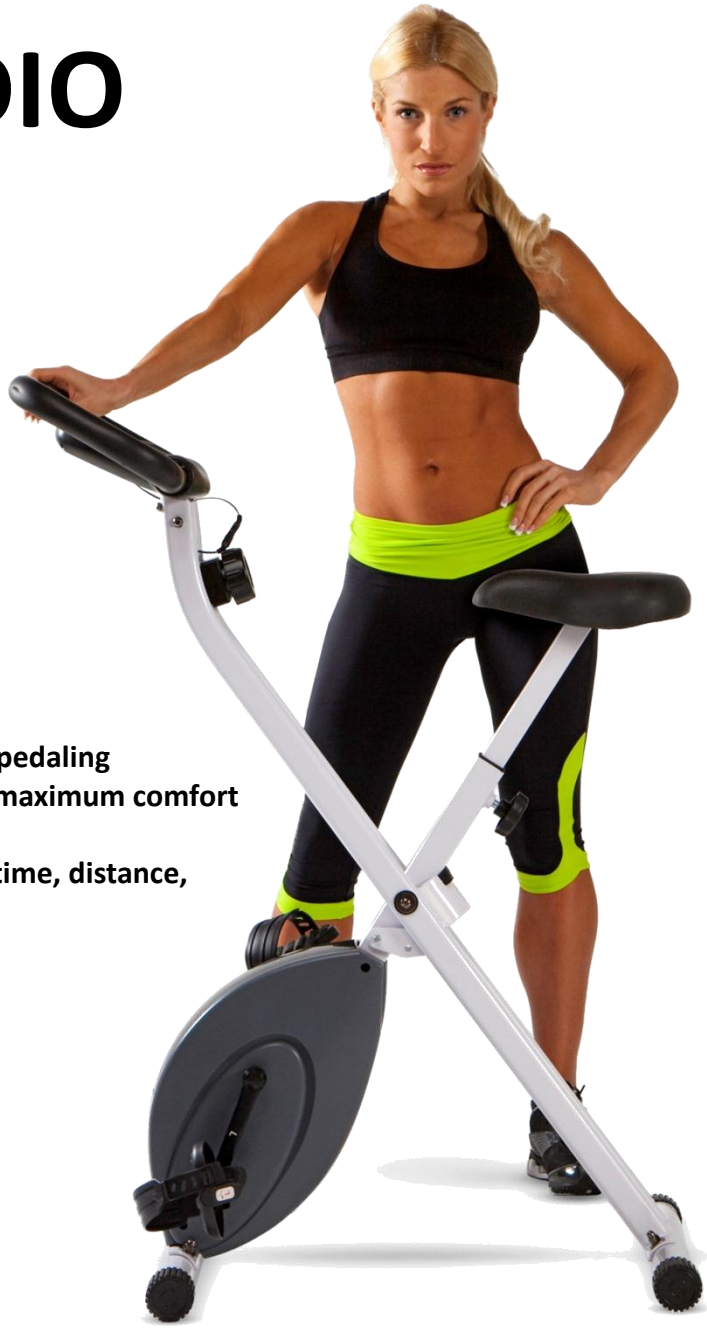
• Full Color Litho Box

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
NS652	Foldable X Bike	Marcy	5X	3.03	40

NEW!

CARDIO

NS652



Features:

- Magnetic resistance for smooth pedaling
- Padded seat and handle bar for maximum comfort
- Folds for space saving storage
- Easy to use electronics includes time, distance, calories and speed
- Rated up to 250 lb. user

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
NS908U	Upright Mag Cycle	Marcy	5Y	2.57	43

NEW!

CARDIO

NS908U

Marcy Upright Bike

- Compact design
- User friendly computer monitor tracks time, speed, distance and calories burned
- Continuous resistance (manual)
- Smooth and quite magnetic resistance
- Low Profile Frame design for easy mounting
- Height adjustable seat
- Transport wheels
- Durable powder coat finish
- Foam padded grips
- Comfortable seat

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
ME 708	Upright Mag Cycle	Marcy	5X	2.63	43

CARDIO

ME 708

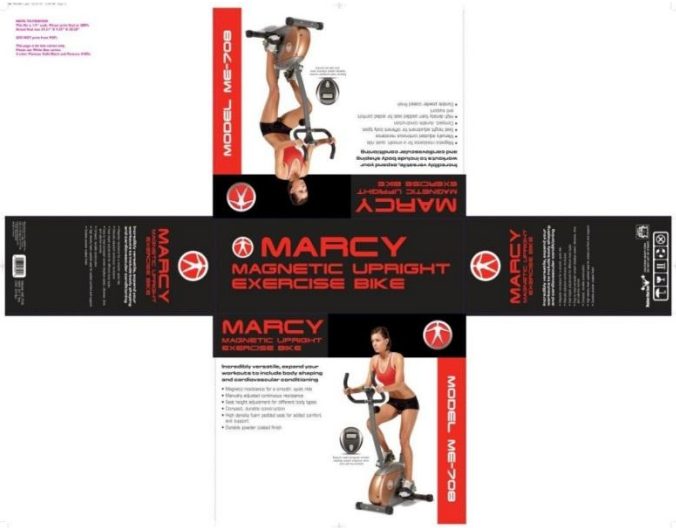
Marcy Upright Bike

SPECIFICATIONS
- Steel tubing- 2” X 2” round 14 gauge tubing
- Seat- Comfortable high density foam
- Handle bars- Contoured, foam covered
- Pedals- Weighted and counter balanced with adjustment straps
- Covers- Molded ABS with two-tone painted finish
- Frame finish- Durable powder coat

FEATURES
- Smooth magnetic resistance
- Continuous manual resistance
- Seat height adjustment for individual body types
- Easy to read computer screen displays speed, distance, time and calories burned.

BENEFITS
- Smooth magnetic resistance
- Continuous manual resistance
- Seat height adjustment for individual body types
- Easy to read computer screen displays speed, distance, time and calories burned.

Full Color Litho Box



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
NS 1003U	Upright Magnetic Cycle	Marcy	5Y	2.93	45

CARDIO

NS1003U

Marcy Upright Bike

- Compact design
- User friendly computer monitor tracks time, speed, distance and calories burned
- Continuous resistance (manual)
- Smooth and quite magnetic resistance
- Height adjustable seat
- Transport wheels
- Durable powder coat finish
- Adjustable Foam padded grips
- Comfortable seat

Full Color Litho Box

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
PL43211	Upright Magnetic Cycle	Marcy	9	3.26	59

CARDIO

PL43211

Marcy Upright Bike

- Compact design
- User friendly computer monitor tracks time, speed, distance and calories burned
- Continuous resistance (manual)
- Smooth and quite magnetic resistance
- Height adjustable seat
- Transport wheels
- Durable powder coat finish
- Adjustable Foam padded grips
- Comfortable seat

Full Color Litho Box

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
NS908R	Upright Mag Cycle	Marcy	5Y	3.79	61

NEW!

CARDIO

NS908R

Marcy Recumbent Bike

- Compact design
- User friendly computer monitor tracks time, speed, distance and calories burned
- Smooth and quite magnetic resistance
- Adjustable stride length for various users
- Transport wheels
- Durable powder coat finish
- Adjustable Foam padded grips
- Comfortable seat

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
ME 709	Recumbent Mag Cycle	Marcy	5X	4.26	66

CARDIO

ME 709

Marcy Recumbent Bike

- Large console display with oversized numbers tracks speed, distance, time, and calories burned
- 8 levels of preset resistance with easy-adjust tension tightening knob
- Comfortable oversized seat pad and handles
- Seat adjusts to accommodate your body size
- Counter balanced pedals with adjustable foot straps
- Step-through frame design
- Transport wheels make it easy to move from room to room
- Durable construction and powder-coated finish

Full Color Litho Box

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
NS 1003R	Upright Magnetic Cycle	Marcy	5Y	4.26	58

CARDIO

NS1003R

Marcy Recumbent Bike

- Compact design
- User friendly computer monitor tracks time, speed, distance and calories burned
- Smooth and quite magnetic resistance
- Adjustable stride length for various users
- Transport wheels
- Durable powder coat finish
- Adjustable Foam padded grips
- Comfortable seat

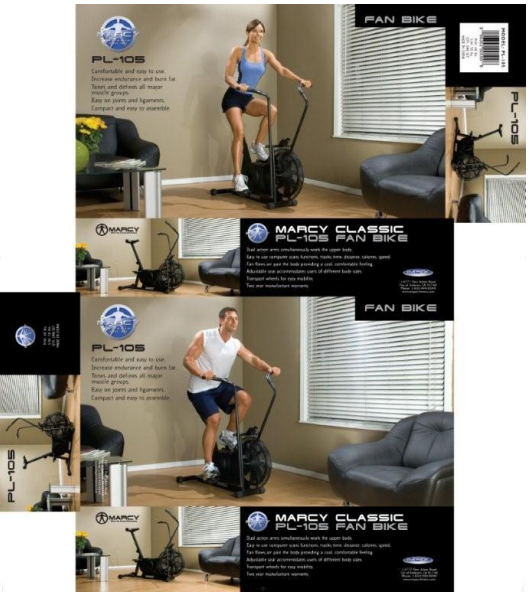
Color Litho Label on Box

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MCPL105	Fan Cycle	Marcy Classic	9	4.79	59

CARDIO

Marcy Brand

- Unique air Resistance System
- Simple and Easy to Use
- The Faster you pedal, the greater the resistance
- Easy to use computer output includes time, distance, calories burned, speed, and scan modes
- Fan air flow provides a comfortable and cooling effect of the user
- Dual action handles for total body workout
- Transport wheels
- Adjustable seat
- Full Color Litho Box



MCPL105

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
Air 1	Premium Fan Bike	Marcy	11	11.17	95

CARDIO

Air 1

Marcy Brand

FEATURES:

- Dual action arms simultaneously work the upper body
- Easy to use computer scans functions, tracks speed, time, distance calories
- Fan flows air past the body providing a cool, comfortable feeling
- Adjustable seat accommodates users of different body sizes
- Transport wheels for easy mobility.

SPECS:

- Steel tubing- 1” X 2.25” rectangle and 1.25" round, 14 gauge tubin
- Seat- Comfortable high density foam with durable vinyl covering
- Handle bars- foam covered
- Pedals- Weighted and counterbalanced with adjustable foot straps
- Shroud covers- Molded ABS
- Frame finish- Durable powder coat finish
- Computer panel- battery powered

(requires 2 AA type batteries)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
PL21930	Elliptical	Marcy	9	8.51	102

CARDIO

PL21930

Marcy Brand

- Synchronized upper and lower body dual action movements
- Forward and reverse motions
- Magnetic resistance and 2 way bearing for smoothest motions
- Commercial size flywheel
- 8 levels of resistance
- Motivational multi-function electronics include: Time, speed, distance, hand-pulse, calories and scan modes
- Scratch resistant paint finish

Assembled Dimension
50" x 23.75" x 58.25"

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
BF1201	Elliptical	Marcy	11	8.26	95

NEW!

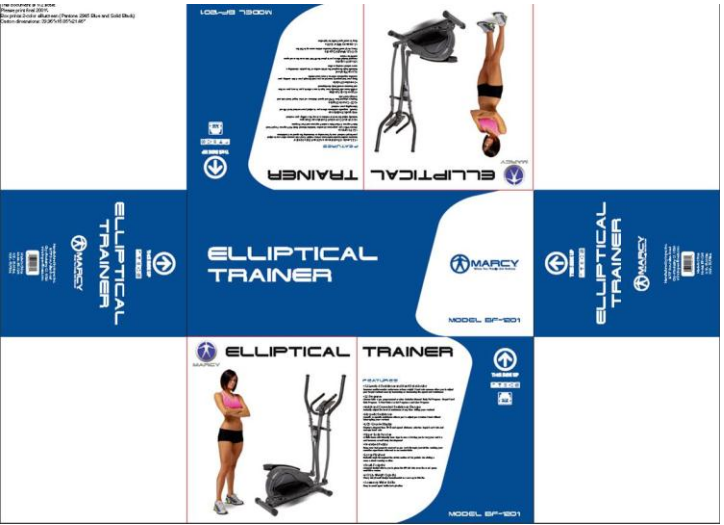
CARDIO

BF1201

Marcy Brand

Description

- 16 Level of Resistance and Heart Rate Monitor
- 13 Programs. Choose from 6 pre-programmed modes. Includes Manual. Body Fit Program. Target Heart Rate Program. 3 Heart Rate controlled program and User program.
- Quick and convenient resistance changes
- Magnetic resistance
- LCD console display
- Upper body handle
- Oversized pedals
- Large flywheel
- 300 lbs weight capacity
- Accessory Water bottle



Assembled Dimension
43" x 27" x 64"

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
H2502C	Spin Bike	Marcy	14	TBD	TBD

CARDIO

H2502C

Club Revolution Cycle

Features:

- 40 lb. balanced flywheel for smooth, continuous use.
- Multi Grip handle bar
- Foam padding on handlebar for comfort
- Adjustable chromed seat support, and handle bar support
- Pull pop pins used for adjustments
- Soft, extra padded seat
- Quick Stop brake, and safety lever stops flywheel
- Transport wheels for moving
- Alloy pedals with toe basket
- Bottom Bracket: Sealed Cartridge bearing
- 300 lb. user capacity

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
XJ3210	Club Revolution Cycle (Academy)	Marcy	8	6.33	88

NEW!

CARDIO

XJ3210

Features:

- Balanced 40 lb. Flywheel (caste versus cement filled)
- Adjustable chrome handle bars
- Road side seat saddle with chrome seat adjustment both vertically and horizontally
- Easy to use resistance knob
- Water bottle holder + bottle
- Transport wheels to move bike location easily
- Easy brake mechanism to stop wheel motion
- Rated up to a 300 lb. user

Flywheel Graphic

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
NSP122	Elliptical	Marcy	5X	7.97	110

NEW!

CARDIO

NSP122

Marcy Brand

Features:

- Balanced 40 lb. Flywheel (caste versus cement filled)
- Adjustable chrome handle bars
- Road side seat saddle with chrome seat adjustment both vertically and horizontally
- Easy to use resistance knob
- Water bottle holder + bottle
- Transport wheels to move bike location easily
- Easy brake mechanism to stop wheel motion
- Rated up to a 300 lb. user
- Pedals with toe clips and straps
- Oversize tubing for added stability

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MAT28	Connecting Mat (2'x6') (case pack 4)	Marcy	8	5.28	33
MAT20	Puzzel Mat (Case Pack 4 with 6 pieces	Apex	8	5.28	33

Flooring

Exercise Mat

MAT28

MAT20

Mat 28 Description

- Interlocking fasteners allows additional mats to be connected on all sides
- Extra firm foam for comfort and safety
- Tri-fold design folds down in seconds
- Easy to transport
- Hang for easy wall storage
- Full Color Box Graphics

2X6 FEET CONNECTING MAT
CONNECTING MAT
2X6 FEET
IDEAL FOR ALL FLOOR EXERCISES INCLUDING STRETCHING, YOGA, T'AI CHI, MARTIAL ARTS AND TUMBLING
CONNECTING MAT
2X6 FEET

MAT 20

- High-Impact Flooring
- Anti-Fatigue foam flooring
- Lightweight, waterproof
- Easy to clean
- Non-slip surface
- Six 2' x 2' interlocking mats (0.61m x 0.61m)
- Covers up to 24 square feet
- Color Box Litho Label

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MAT366	Treadmill Mat	Marcy	6	4.62	54
MAT39	24 Square foot Floor Guard (Case Pack 4)	Marcy Classic	3	7.53	18

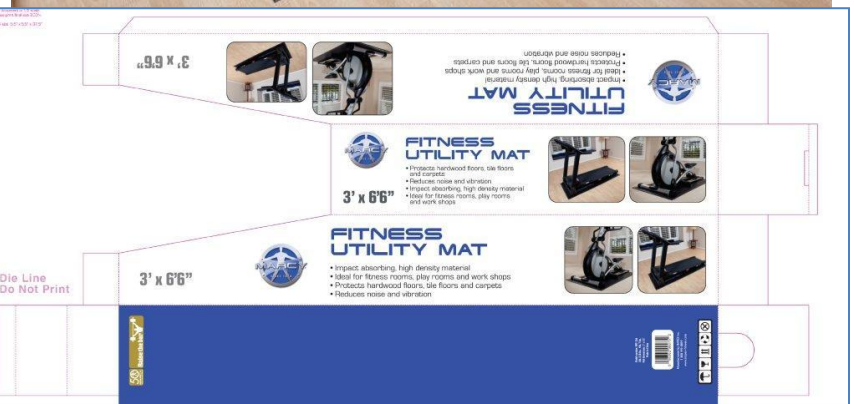
Flooring

MAT366

Treadmill Mat

MAT 366 Treadmill Mat
High-Impact Flooring
- Lightweight, waterproof
- Easy to clean
- Full color box (below)

*Treadmill not included



MAT39

Mat 39 Description
- Easy to Clean, Easy to Install
- High Density, Low Impact Flooring
- Safer, Quieter surface to work or play on.
- 6 interlocking 2'x2'x3/4" tiles.
- 24 total SQ FT.
- Color Litho graphics

Weights

Return to Main Menu

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
RBC 2	Standard Bar Spring Clip Collars (Case Pack 12)	Apex	3	0.10	4
OBC 3	2" Olympic Bar Spring Clip Collars (Case Pack 12)	Apex	3	0.34	10
TBC51	Triceps/Biceps Solid Combo (Case Pack 6)	Apex	3	1.36	90
SOC49	Solid Olympic Curl Bar (Case Pack 4)	Apex	3	0.29	20

Bars and Collars

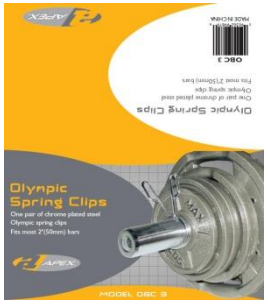
- Spring Collars
- Quality steel construction
- Allows for fast weight plate changes
- Full Color Retail Packaging

RBC2

TBC51

- Super Curl Bar – Solid steel
- Isolates and intensifies development of biceps, triceps and forearm muscles
- Threaded Chrome bar ends with Collars
- Rubber Grips for Comfort
- Case pack – 6

OBC3



SOC49

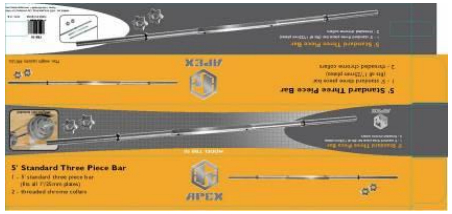
- Solid steel Chrome Olympic Curl Bar
- Holds 2” Olympic Weight Plates
- Includes 2 weight plate collars
- Isolates Biceps, triceps, and forearm muscles
- Case Pack - 4

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
TRB50	5' Bar (Case Pack 4)	Apex	3	0.86	55
TBC51	Triceps/Biceps Solid Combo (Case Pack 6)	Apex	3	1.36	90
TRB70	7' Bar (Case Pack 2)	Apex	3	0.68	60

Bars and Collars

TRB50

- 5’ Standard three piece bar
- Holds 1” standard weight plates
- Includes 2 safety spin lock collars
- Durable threaded chrome bar ends
- Case Pack - 4



Bars ship in full color box

TRB70

Apex Brand

- 7’ Olympic three piece bar
- Holds 2” Olympic weight plates
- Durable construction
- Chrome Plated finish
- Three piece bar allows for easier shipping and transport by customer
- Case Pack – 2

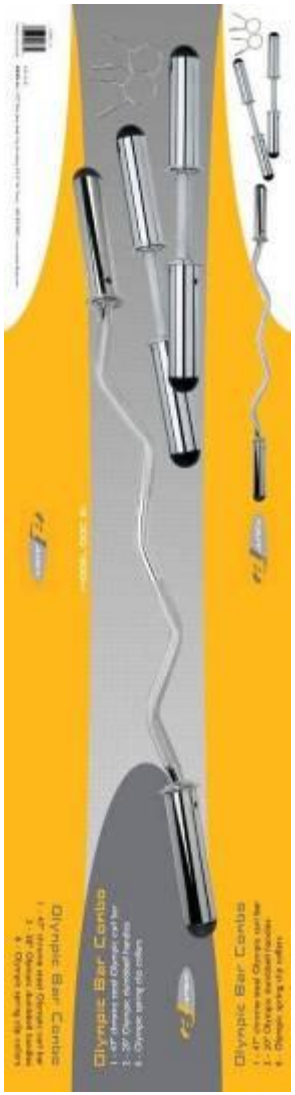
TCB48R

Apex Brand

- Chrome Plated, solid steel construction
- 1 - 47” threaded curl bar
- 2 threaded chrome collars
- Case Pack - 4

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
SDC10.1	Standard Hollow Bar Kit (Case Pack 4)	Apex	8	1.71	8
ODC21	Olympic Hollow Bar Kit (Case Pack 4)	Apex	8	2.86	16
SCB248	Curl Bar (Case Pack 4)	Apex	3	0.22	13

ODC21
Box Graphics



Bars and Collars

ODC21

- 7’ Olympic three piece bar
- Holds 2” Olympic weight plates
- Durable construction
- Chrome Plated finish
- Case Pack - 4

SDC10.1

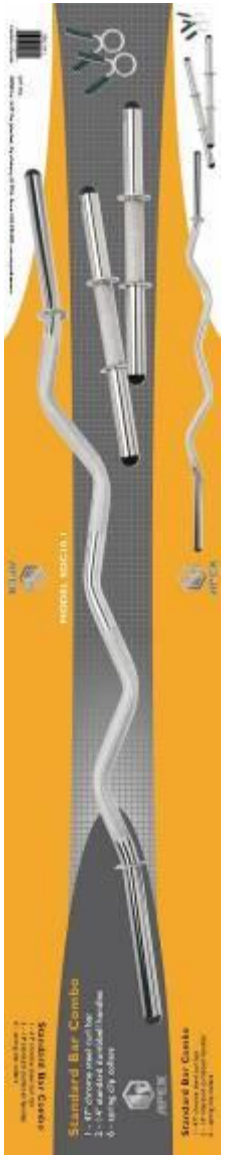
- 5’ Standard three piece bar
- Holds 1” standard weight plates
- Includes 2 safety spin lock collars
- Durable threaded chrome bar ends
- Case Pack - 4

SCB248

- Super Curl Bar
- Threaded Chrome bar ends with Collars
- Rubber Grips for Comfort
- Two piece assembly for easy storage
- Case Pack - 4

Bars ship in full color box

SDC 10.1
Box Graphics



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
TDH14.1	2-14" Chrome DB & Collars w/ Rubber Handles	Apex	3	0.16	7
IOBB 20	Olympic Dumbbell Handle	Apex	3	.29	22
IRBB 34T	Standard Triceps Bar	Apex	3	.74	33

Bars and Collars

TDH14.1

Features:
- Durable 14” solid steel chrome dumbbell handles
- Rubber coated handles
- Treaded collar design
- Accommodates all standard plates with 1” hole

IOBB20

Features:
- Chromed Olympic dumbbell set
- Knurled handles for better grip
- Includes weighted locking collars

IRBB 34T

Features:
- Designed for triceps workout
- Chromed solid steel bar with threaded ends and spin-lock collars
- Accommodates: 1” Standard Plates

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MT3	Barbell Pad (Case Pack 4)	Apex	3	.52	2
PST 1	Push Up Stand (Case Pack 2)	Marcy Classic	3	.43	4
TCR 24	Tricep Rope (Case Pack 6)	Apex	3	.1	2

Bars and Collars

MT3

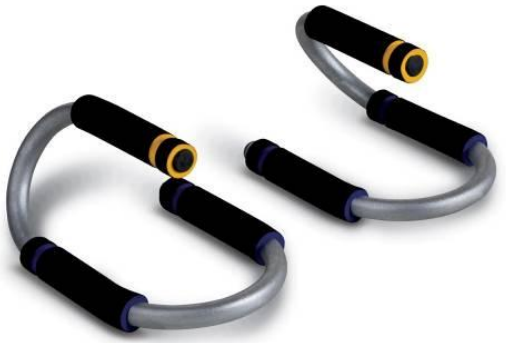
Bar Pad

- Increase comfort to shoulder and trapezius muscles
- Velcro style Closure
- Thick foam padding

PST 1

Push-Up Stands

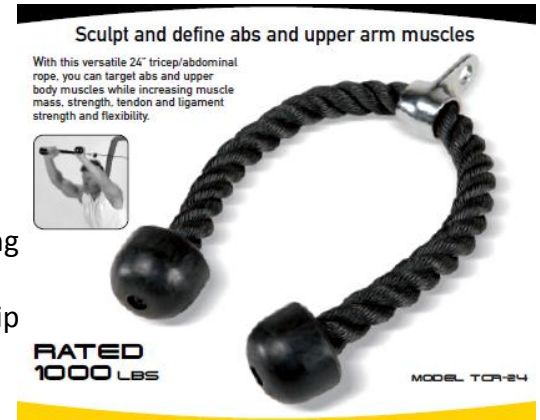
- Compact one piece design
- On the go, at work or at the gym
- Choose from three different height levels
- Ensures proper exercise form
- Soft foam grips add comfort and stability
- Durable steel construction
- Full Color Box Graphics



TCR 24

Tricep Rope

- Durable 24” Nylon braided rope
- Oversized rubber palm stops prevent hands from slipping off the rope during workouts
- Large nylon braided rope increases grip
- Rated at 1,000 lb. weight capacity


Sculpt and define abs and upper arm muscles
With this versatile 24" tricep/abdominal rope, you can target abs and upper body muscles while increasing muscle mass, strength, tendon and ligament strength and flexibility.
RATED 1000 LBS
MODEL TCR-24

NEW!

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MSS44.0	Standard Plate Tree (The Sports Authority)	SA Gear	1	.83	19
MSS44.1	Olympic Plate Tree (The Sports Authority)	SA Gear	1	.93	20

Plate Trees

MSS44.0

MSS44.1

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
PT 36	Standard Plate Tree	APEX	2	0.76	22
PT 45	Olympic Plate Tree	APEX	2	1.98	28

Plate Trees

PT36

Apex Brand

- Durable powder coated finish
- Includes cup holder
- Easy access weight removal and replacement design
- Accommodates all 1” standard plates

Full Color Box

PT45

Apex Brand

- 2” x 2” heavy duty tube frame
- Durable powder coated finish
- Easy access weight removal and replacement design
- Organizes weight plates for efficient use
- Accommodates all 2” Olympic plates

Color Box Label

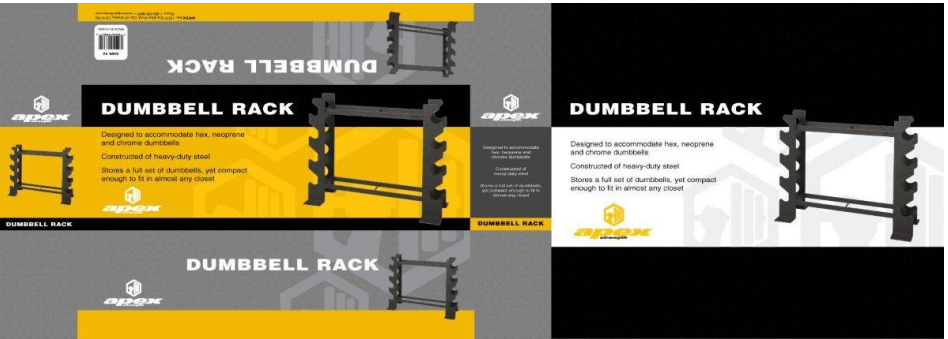
MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
DBR 56	8 Pair Dumbbell Rack	Marcy	8	0.56	14
DBR 86	3 Tier Dumbbell Rack	APEX	8	3.27	60
SAG51	Three Tier Dumbbell Rack (TSA)	SA Gear	1	2.97	47

Racks

DBR56

Marcy Brand

- Free standing dumbbell rack
- Institutional heavy 14 gauge steel
- Attractive black powder coated finish
- Bolt together connections for stability
- Easy assembly
- Weights not Included
- Full Color Box Graphics
- Box Size: 22” x 9” x 4.5” (LWH)



DBR86

- DBR 86 Apex
- SAG51 Sports Authority

- 3 tier dumbbell rack
- Accommodates all dumbbell styles and sizes
- Angled design for easy access to dumbbells
- Durable powder coated finish
- 2” x 2 ½” commercial heavy grade steel frame

Color Litho Box Label

SAG51

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
DBR210	210 Lb. Dumbbell + Rack	Marcy	3	5.11	270

Dumbbell Sets

DBR 210

- Dumbbells = 2x30lb., 2x25lb., 2x20lb., 2x15lb., 2x10lb., 2x5lb.
- Two tier dumbbell rack
- Durable hammer tone paint finish

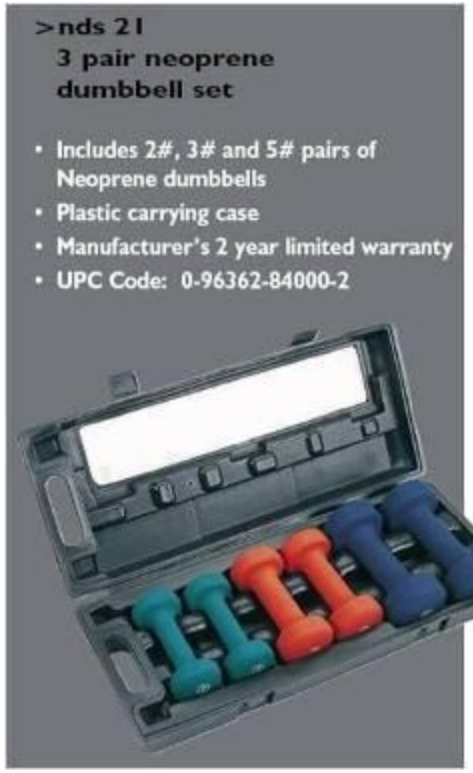
COSTCO.COM

Currently Sold at Costco USA and Canada!

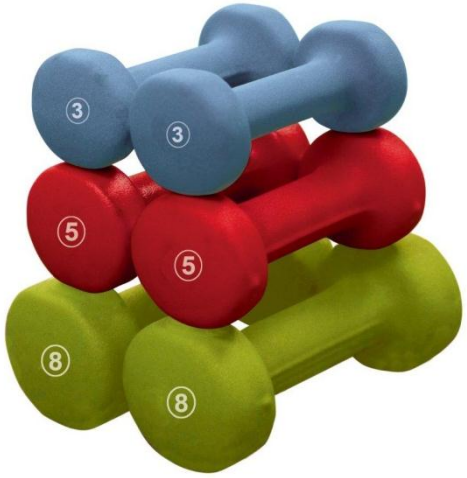
MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
NDS 21.1	21 lb. Neoprene Dumbbell Set 2,3,5	Apex	3	0.32	24
NDS 32	32 lb. Neoprene Dumbbell Set 3,5,8	Apex	3	0.45	31
WEDGE	Forearm Exercise (Case Pack 4)	Marcy	10	3.50	21

Dumbbell Sets

NDS 21.1


>nds 21
3 pair neoprene
dumbbell set
• Includes 2#, 3# and 5# pairs of Neoprene dumbbells
• Plastic carrying case
• Manufacturer's 2 year limited warranty
• UPC Code: 0-96362-84000-2

NDS 32



MODEL/MODÈLE NDS-32
NDS-32
apex
32 LB NEOPRENE DUMBBELL SET
ENSEMBLE D'HALTÈRES EN NÉOPRÈNE 32 LB
PROTECTS WOOD, CERAMIC TILE, AND OTHER FLOOR FINISHED
PROTÈGE DES BOIS, CARREAUX DE CÉRAMIQUE ET AUTRE PLANCHERS
CLEAN, RUST-RESISTANT
PROPRE, RÉSISTANT À LA ROUILLE
AEROBIC, POWERWALKING AND TEHRAPY USE
AEROBIQUE, LE POUVOIR MARCHANT ET L'USAGE DES THÉRAPIE
SET INCLUDE/LA SÉRIE INCLUT:
TWO 3 lb Neoprene covered dumbbells
DEUX 3 livre couvert halteres de Neoprene
TWO 5 lb Neoprene covered dumbbells
DEUX 5 livre couvert halteres de Neoprene
TWO 8 lb Neoprene covered dumbbells
DEUX 8 livre couvert halteres de Neoprene

WEDGE

Wedge Features:

- Exercises the forearm, wrist, and fingers
- Builds the flexor and extensor muscles
- Grip strength enhancement
- Forearm and wrist support for maximum safety and comfort

Full Color Retail Packaging

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
VKBS30	Kettle Bells Set 30 Lbs	Hers	8	1.30	31
VKBS50	Kettle Bell Dumbbell Set – 50 lbs.	Marcy Classic	4	.87	52
VKBS75	Kettle Bell Dumbbell Set – 80 lbs.	Marcy	15	2.99	100

Dumbbell Sets

Full Color Box Graphics

VKBS 30 Description

- Large comfortable handles
- Impact resistant vinyl outer casting with three unique and attractive new colors
- Weighted media: 5lb,10lb,15lb single kettle weights.
  -Excellent for circuit training routines
  -Target all major muscle groups
  -Strengthen care and abdominal muscles
  -Tone and define muscles
  -Burn fat and loose weight
  -Increase overall strength and endurance
  -Increase flexibility

VKBS 50

- Solid Cast Iron Design with Rubber Coating
- Includes 5lb, 10lb, 15lb & 20lb Kettle Weights
- Exercise Chart Included

Full Color Box Graphics

VKBS 75

- Large comfortable handles
- Three tier rack
- Impact resistant vinyl outer casing
- 5, 10, 15, 20, 25 lb. single kettles

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
VB 40	40 lb. Vinyl Dumbbell Set	Apex	8	.81	44
VB 100	100 lb. Vinyl Weight Set	Apex	8	2.06	111
VB 300	300 lb Vinyl Weight Set	Apex	8	5.55	319

Weight Sets

VB 40 - 40 Lb. Dumbbell Set

Set includes: 2x14" handles,
Vinyl Plates: 4-7.5 lb., 4-2.5 lb., 4 spring clip collars
Full Color Litho Box

VB-100 - 100 Lb Weight Set

Set Includes: Two-piece 5' bar, two clip collars.
Vinyl Plates: 2-25 lb., 2-15 lb., 2-10 lb.
Full Color Litho Box

VB-300 – 300 Lb. Weight Set

Set Includes: One 7' bar, two clip collars.
Olympic black plates: 4-35 lb, 4-25 lb, and 2-5 lb

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
ADS 40E	40 lb. cast iron DB set	Marcy	3	.42	46
ECO 100	100 lb. Weight Set - Standard Plates	Marcy Classic	3	0.99	106
ECO MCW 300	Eco Iron 300 lb. Weight Set	Marcy Classic	3	2.46	306

Weight Sets

Marcy ECOIRON™
ECO-100
Features:
Patented ECO-Friendly iron weight plates
3 Hole Grip weight plates design
Durable Non-Rust weight plates.

Benefits:
Recyclable Material, Healthier for the environment
Easy to use
Durable non-rust weight plates

ADS 40E

ECO 100

60” Multi-piece Standard Barbell, threaded with collars
• Grip Plates include 6-10#, 4-5#, and 4-2.5#.
• All packed in one box.
• Fits all promotional and standard width benches.

MCW 300
Eco Olympic Weight Set

85” Olympic Barbell
2 - 45 pound Olympic Grip Plates
2 - 35 pound Olympic Grip Plates
2 - 25 pound Olympic Grip Plates
4 - 10 pound Olympic Grip Plates
2 - 5 pound Olympic Grip Plates
2 – 2.5 pound Olympic Grip Plates
2 – Spring Collar Clips

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
B5W 160	160 lb. Weight Set - Standard Plates	Marcy Classic	3	1.47	163
ECO MCW 215	Eco Iron 215 lb. Weight Set	Marcy Classic	3	1.65	220

Weight Sets

ECO B5W 160

Standard Barbell, threaded with collars
Fits all standard and mid sized benches.

Marcy ECOIRON™

Features:
Patented ECO-Friendly iron weight plates
3 Hole Grip weight plates design
Durable Non-Rust weight plates.

Benefits:
Recyclable Material, Healthier for the environment
Easy to use
Durable non-rust weight plates

Standard Barbell, threaded with collars
Grip Plates include 6-10#, 4-5#, and 4-2.5#.
Fits all standard and mid sized benches.

ECO-160	
Weight	# Plates
25 lbs.	4
10 lbs.	2
5 lbs.	4
2.5 lbs.	2

ECO MCW 215

Olympic Barbell, with grip plates and spring clips. Fits all Mid-sized and Olympic Benches

MCW 215	
Weight	# Plates
45 lbs.	2
25 lbs.	2
10 lbs.	2
5 lbs.	2

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
ECO MCW 215	Eco Iron 215 lb. Weight Set	Marcy Classic	3	1.65	220

Weight Sets

ECO MCW 215

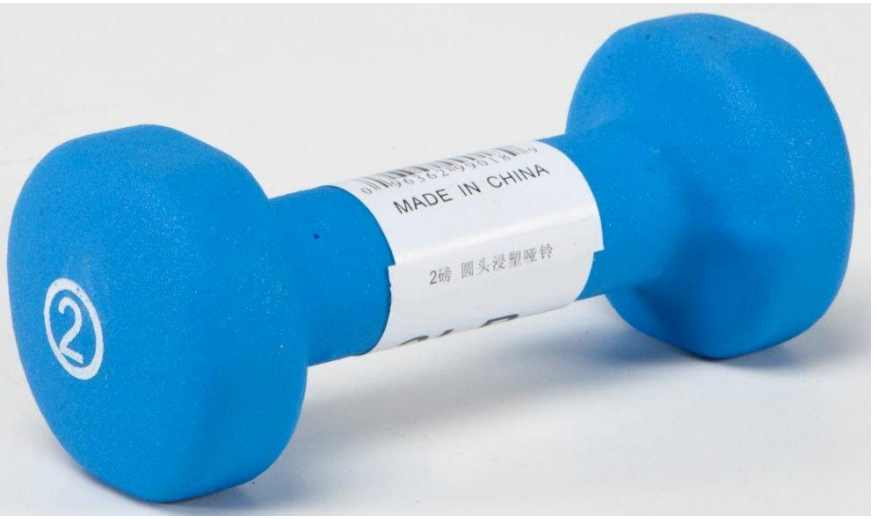
Marcy Classic Brand
ECO MCW 215

MCW 215	
Weight	# Plates
45 lbs.	2
25 lbs.	2
10 lbs.	2
5 lbs.	2

Features:
Patented ECO-Friendly iron weight plates
3 Hole Grip weight plates design
Durable Non-Rust weight plates.

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
INE 001	1 lb. Neoprene Dumbbell (Case = 15)	No Brand	3	0.22	13
NE 002	2 lb. Neoprene Dumbbell (Case = 12)	No Brand	3	0.28	25
NE 003	3 lb. Neoprene Dumbbell (Case = 6)	No Brand	3	0.38	19
NE 004	4 lb. Neoprene Dumbbell (Case = 6)	No Brand	3	0.26	25
NE 005	5 lb. Neoprene Dumbbell (Case = 6)	No Brand	3	0.32	26
NE 006	6 lb. Neoprene Dumbbell (Case = 6)	No Brand	3	0.21	38
NE 008	8 lb. Neoprene Dumbbell (Case = 4)	No Brand	3	0.34	33
NE 010	10 lb. Neoprene Dumbbell (Case = 4)	No Brand	3	0.38	41

Neoprene Dumbbells



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
IDW-001	1 lb "D" Weight (Pink) (Case Pack = 12)	No Brand	3	0.14	13
IDW-002	2 lb "D" Weight (Purple) (Case Pack = 12)	No Brand	3	0.16	25
IDW-003	3 lb "D" Weight (Green) (Case Pack = 10)	No Brand	3	0.18	31
IDW-004	4 lb "D" Weight (Black) (Case Pack = 8)	No Brand	3	0.19	33
IDW-005	5 lb "D" Weight (Black) (Case Pack = 8)	No Brand	3	0.23	41
IDW-006	6 lb "D" Weight (Black) (Case Pack = 6)	No Brand	3	0.41	38
IDW-008	8 lb "D" Weight (Black) (Case Pack = 6)	No Brand	3	0.21	34
IDW-010	10 lb "D" Weight (Black) (Case Pack = 4)	No Brand	3	0.23	42

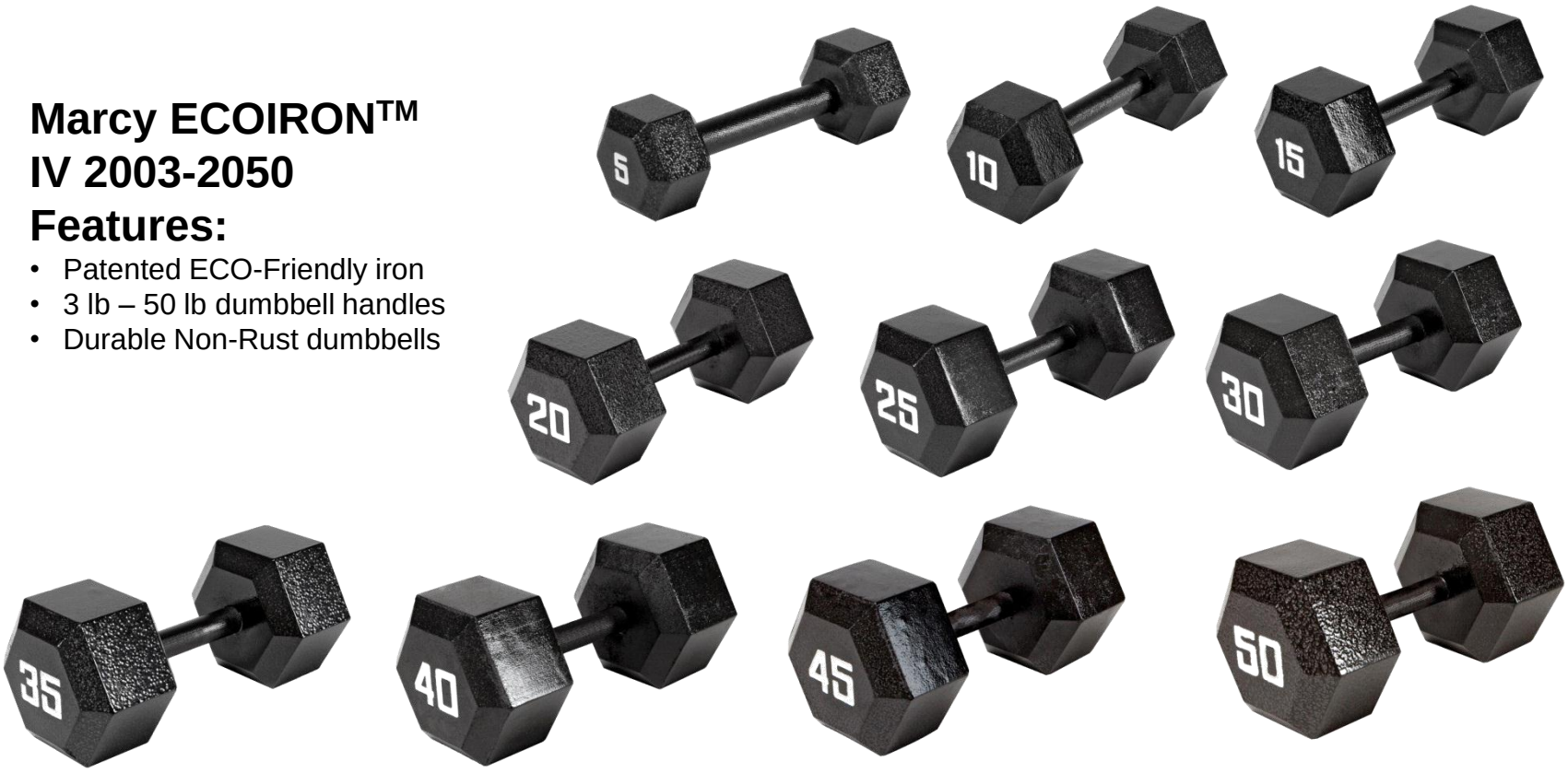
“D” Weights

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
IV 2003	3 lb. Hex Dumbbell	No Brand	3	0.36	43
IV 2005	5 lb. Hex Dumbbell	No Brand	3	0.37	41
IV 2010	10 lb. Hex Dumbbell	No Brand	3	0.34	41
IV 2015	15 lb. Hex Dumbbell	No Brand	3	0.32	31
IV 2020	20 lb. Hex Dumbbell	No Brand	3	0.33	41
IV 2025	25 lb. Hex Dumbbell	No Brand	3	0.33	51
IV 2030	30 lb. Hex Dumbbell	No Brand	3	0.50	61
IV 2035	35 lb. Hex Dumbbell	No Brand	3	0.55	71
IV 2040	40 lb. Hex Dumbbell	No Brand	3	0.61	81

Hexagonal Dumbbells

Marcy ECOIRON™
IV 2003-2050
Features:

- Patented ECO-Friendly iron
- 3 lb – 50 lb dumbbell handles
- Durable Non-Rust dumbbells



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
IBRH-05	5 lb Rubber Hex Dumbbell (Case Pack = 6)	No Brand	3	0.33	31
IBRH-10	10 lb Rubber Hex Dumbbell (Case Pack = 4)	No Brand	3	0.43	41
IBRH-15	15 lb Rubber Hex Dumbbell (Case Pack = 2)	No Brand	3	0.28	31
IBRH-20	20 lb Rubber Hex Dumbbell (Case Pack = 2)	No Brand	3	0.35	41
IBRH-25	25 lb Rubber Hex Dumbbell (Case Pack = 2)	No Brand	3	0.43	52
IBRH-30	30 lb Rubber Hex Dumbbell (Case Pack = 2)	No Brand	3	0.51	62
IBRH-35	35 lb Rubber Hex Dumbbell (Case Pack = 2)	No Brand	3	0.56	72
IBRH-40	40 lb Rubber Hex Dumbbell (Case Pack = 2)	No Brand	3	0.63	82
IBRH-45	45 lb Rubber Hex Dumbbell (Case Pack = 1)	No Brand	3	0.33	47
IBRH-50	50 lb Rubber Hex Dumbbell (Case Pack = 1)	No Brand	3	0.40	52

ECO Rubber Hexagonal Dumbbells

Marcy ECOIRON™ IBRH 05-50

Features:

- Patented ECO-Friendly iron
- 5 lb–50 lb rubber encased dumbbells
- Durable Non-Rust Dumbbells.

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
B5G 5502	2.5 lb. Plate	Marcy Classic	3	0.19	31
B5G 5505	5 lb. Plate	Marcy Classic	3	0.21	32
B5G 5510	10 lb. Plate	Marcy Classic	3	0.32	42
B5G 5525	25 lb. Plate	Marcy Classic	3	0.35	52

Standard Plates

Marcy ECOIRON™ B5G 2.5-25

Features:

- Patented Eco-Friendly iron weight plates
- 1” hole for standard bars
- 3 Hole Grip weight plates design
- Durable Non-Rust weight plates.

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
MCW 5	5 lb. Olympic Plate	Marcy Classic	3	0.3	44
MCW 10	10 lb. Olympic Plate	Marcy Classic	3	0.31	42
MCW 25	25 lb. Olympic Plate	Marcy Classic	3	0.31	42
MCW 35	35 lb. Olympic Plate	Marcy Classic	3	0.27	37
MCW 45	45 lb. Olympic Plate	Marcy Classic	3	0.36	47

Olympic Plates

Marcy ECOIRON™
MCW 5-45

Features:

- Patented Eco-Friendly iron weight plates
- 2” holes for Olympic Bars
- 3 Hole Grip weight plates design
- Durable Non-Rust weight plates.

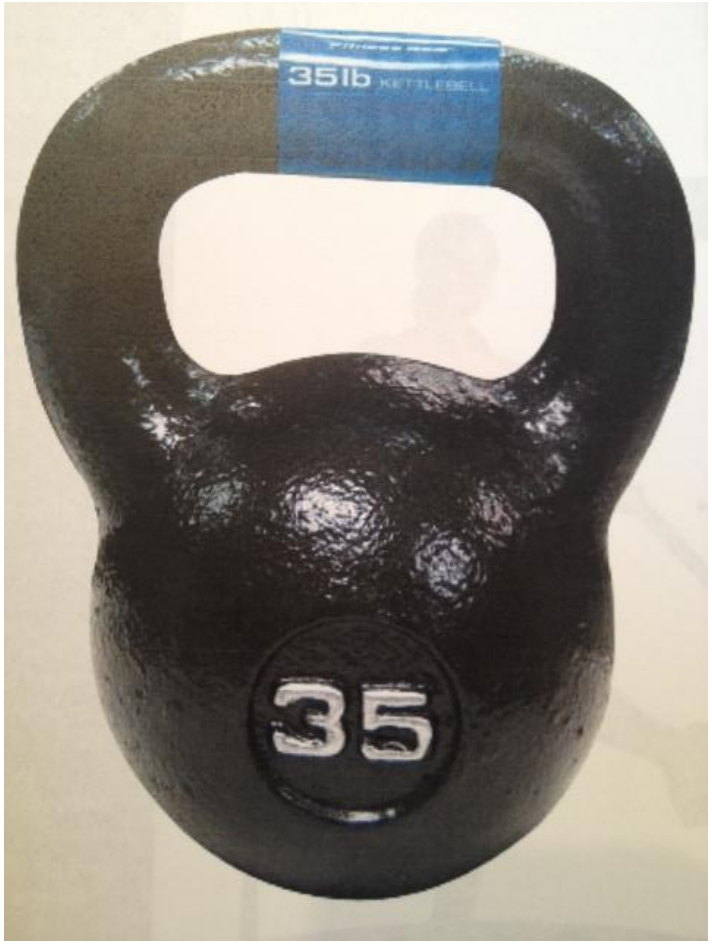
MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
HKB 10	10 lb. Hammertone Kettle Weight	Marcy	3	.23	23
HKB 15	15 lb. Hammertone Kettle Weight	Marcy	3	.31	33
HKB 20	20 lb. Hammertone Kettle Weight	Marcy	3	.39	43
HKB 25	25 lb. Hammertone Kettle Weight	Marcy	3	.46	54
HKB 35	35 lb. Hammertone Kettle Weight	Marcy	3	.31	37
HKB 45	45 lb. Hammertone Kettle Weight	Marcy	3	.38	47
HKB 55	55 lb. Hammertone Kettle Weight	Marcy	3	.43	57

Kettle Bell Weights

Marcy ECOIRON™ HKB 5-45

Features:

- Patented Eco-Friendly Kettle Bell Weights
- Durable Non-Rust weight weights.



Trampolines – Outdoor Play

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MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
TPL 40	40" Trampoline	Marcy Classic	3	2.43	16
TPL 48	48"Tramponre	Marcy Classic	3	3.61	25
ASG 40	40” Foldable Trampoline	Marcy	8	1.58	25

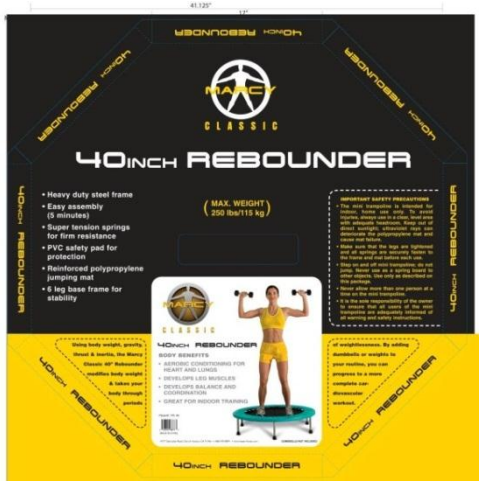
Trampolines

TPL 40

TPL 48

ASG 40

Foldable Frame for storage


MARCY
CLASSIC
40INCH REBOUNDER
• Heavy duty steel frame
• Easy assembly (5 minutes)
• Super tension springs for firm resistance
• PVC safety pad for protection
• Reinforced polypropylene jumping mat
• 6 leg base frame for stability
(MAX. WEIGHT 250 lbs/115 kg)

MARCY
CLASSIC
48INCH REBOUNDER
& STABILIZER BAR
• Heavy duty steel frame
• Easy assembly (5 minutes)
• Super tension springs for firm resistance
• PVC safety pad for protection
• Reinforced polypropylene jumping mat
• 6 leg base frame for stability
(MAX. WEIGHT 250 lbs/115 kg)

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
TT210	Teeter Totter	Gym Dandy	8	4.48	58
TT320	Gym Dandy Teeter Totter (full color box)	Gym Dandy	8	6.56	91

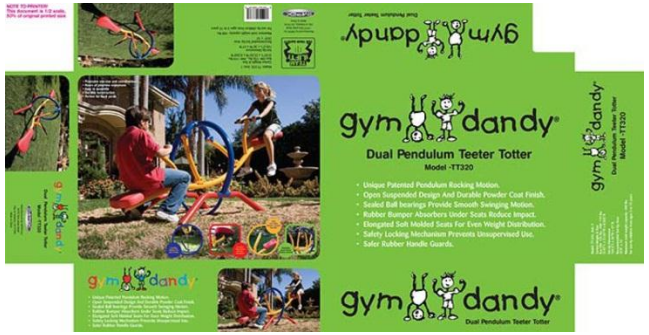
Outdoor Play

TT210

- Unique pendulum rocking motion
- Open suspended design and durable powder coated finish
- Sealed ball bearings provide smooth swinging motion
- Rubber bumper absorbers under seats reduce impact
- Elongated soft molded seats for even weight distribution
- Safer rubber handle guards

TT320

- Unique pendulum rocking motion
- Open suspended design and durable powder coated finish
- Sealed ball bearings provide smooth swinging motion
- Rubber bumper absorbers under seats reduce impact
- Elongated soft molded seats for even weight distribution
- Safety cable lock reduces accidental injury unsupervised use
- Safer rubber handle guards



MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
TT360	Teeter Totter	Easy Outdoor	8	4.89	79
GD810	Metal Dome	Easy Outdoor	8	1.80	110

Outdoor Play

TT360

- Unique rocking and swivel action
- durable powder coated finish
- Sealed ball bearings provide smooth swinging motion
- Roller under seat allows for spinning action
- Elongated soft molded seats for even weight distribution
- Safer rubber handle guards

GD810

- This amazing Space Dome will help your child to develop confidence, balance, strength, and agility.
- Your child will enjoy hours of playtime and creativity while playing with friends.

Assembled Dimension
91" x 91" x 46"

MODEL	DESCRIPTION	BRAND	FACTORY	CUBE	WEIGHT/ LBS
GD600	Hammock	Easy Outdoor	11	3.97	68
GD800	Caribbean Lounge Chair	Easy Outdoor	11	13.73	191

GD600

GD800

Outdoor Patio

- Cambered leg design automatically returns the hammock to upright center position when not rocking.
- Comfortable ergonomic design and pillow places the body in a relaxed position.
- Open weave fabric allow air circulate through the material, keeping the body cool and dry.
- Adjustable and removable sun shad canopy protects against harmful UV rays.
- Larger hammock body allows more room to relax to stretch out.

rocking hammock with removable sun shade
relaxation therapy for the mind, body and soul
easy outdoor
relax
rocking hammock with removable sun shade
relaxation therapy for the mind, body and soul
easy outdoor
rocking hammock
relaxation therapy for the mind, body and soul
easy outdoor

Description

- Frame constructed from durable 11 gauge tubular steel
- Water proof, UV-resistant canopy and breathable chair fabric
- Rust resistant hardware
- UV-resistant, powder coated finish
- Swivel-away, adjustable canopy
- Anti-motion securing cable
- Maximum weight capacity- 300 lbs.

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MARCY